



DOOR COUNTY YMCA
Job Description
YOUTH SPORTS INSTRUCTOR

FLSA: Non-exempt/Part-Time
Payroll Posting Codes: 012YSP, 031NDY
Position Grade: Grade D

GENERAL FUNCTIONS

Under the direction of the Youth and Teen Director, and in accordance with the policies of the Door County YMCA, the Youth Sports Instructor will be responsible for implementing the lesson plan and providing supervision to program participants.

KNOW HOW

This position requires the basic understanding of the skill/sport to be taught. Fundamental knowledge is required as well as the ability to communicate and coach this knowledge appropriately to program participants. Demonstrated strong skills in working with and motivating people in a positive manner are required. Must be at least 18 years old. CPR and First Aid certification recommended but not required.

PHYSICAL REQUIREMENTS

The ability to stand or walk for long periods of time and perform physical activities that require considerable use of arms and legs is required. Must be able to lift up to 50 lbs.

PRINCIPAL ACTIVITIES

1. Teach the fundamentals and rules of the game/sport. Implement and uphold safety recommendations.
2. Work with Youth and Teen Director to develop an appropriate curriculum.
3. Facilitate teamwork, sportsmanship and listening skills among participants.
4. Incorporate character development into the curriculum that features the four YMCA core values: Caring, Honesty, Respect and Responsibility.
5. Provide an atmosphere where participants can have fun without an emphasis on winning.
6. Educate oneself about the motor, psychological and social development of an age group and tailor the teaching methods to the appropriate stage.
7. Serve as a liaison between the YMCA and participants and their parents/guardians.
8. Coordinate volunteers that are assisting with class curriculum, ensuring that fundamentals and skills are being coached as demonstrated.
9. Exemplify the YMCA values of CARING, HONESTY, RESPECT and RESPONSIBILITY in all aspects of job performance and in relationships with others.

10. Assure own professional growth through reading, study, and conference/training attendance.

EFFECT ON END RESULT

1. An understanding of rules, safety measures and the necessary skills to confidently participate in the sport confidently, while having fun.
2. The values of Caring, Honesty, Respect and Responsibility will be instilled in participants through lessons emphasizing building self-esteem, teamwork and positive self-image.
3. Positive relationships are developed with participants and parents/guardians to help recruit and retain satisfied participants and members.
4. Development of a positive attitude in the community towards the YMCA and it's programs.

The above statements reflect the general details considered necessary to describe the essential functions of the job as identified, and shall not be considered as a detailed description of all work requirements that may be inherent in the position.

I understand and mutually accept that the above job description represents my agreement as to the job to be performed and that this job description is not a contractual agreement.

Employee Signature

Date

Employer Signature

Date