



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

GYMNASTICS CENTER SCHEDULE

WINTER 1 2018 JANUARY 2ND – FEBRUARY 25TH

GYM ALERTS	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
February 23rd – February 25th Strivers Gymnastics Meet	7:50-8:25 Senior Strength	8:50-9:25 Senior Strength	8:45-9:15 Busy Babies	8:50-9:25 Senior Strength	7:50-8:25 Senior Strength		
	3:30-5:00 Workout with Gerrit	3:45-4:30 Progressive Level 1,2, & 3	9:30-10:00 Tumble Tots	9:30-10:15 KinderCubs	3:45-5:00 Strivers Team Open Gym		
REMINDERS • It is the policy of the Door County YMCA to limit cell phone usage to our lobby and hallway areas. This policy is in effect for your safety and as a courtesy to other members. • No unauthorized photography or videography allowed.	4:45-5:30 KinderGymnastics	4:30-5:15 Progressive Level 1,2, & 3	10:05-10:50 KinderCubs	3:45-4:30 Progressive Level 1,2, & 3			
	5:30-6:15 KinderGymnastics	5:15-6:15 PreTeam/Competiton Ready	3:30-5:00 Workout With Gerrit	4:30-5:15 Progressive Level 1,2, & 3			
	6:15-7:45 Striver Team Level 2 & Silver	6:15-7:45 Striver Team Level 4,6,7,Gold & Platinum	4:30-5:15 Progressive Level 1,2 & 3	5:15-6:15 PreTeam/Competiton Ready			
			5:15-6:15 Intro to Preteam	6:15-7:45 Striver Team Level 4,6,7,Gold & Platinum			
			6:15-7:45 Striver Team Level 2 & Silver				