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FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# CHANGE LIVES, INCLUDING YOUR OWN WITH A CAREER AT THE YMCA

## NOW HIRING **Gymnastics Team Coach**

The Door County YMCA has a part-time USAG Gymnastics Coaching position available.

Coaches are responsible for the general safety, growth, development, and skill achievement of the gymnasts on the Strivers Gymnastics Team. Coaches are expected to emphasize team building and character development techniques into team practice.

### KEY QUALIFICATIONS

Candidate must have a working knowledge of gymnastics. USAG Compulsory experience is preferred, but not mandatory.

- Must be able to communicate well with others, be a team player, and have good leadership skills.
- Must have experience in gymnastics and the safety issues.
- General knowledge of YMCA programs and philosophies, and understanding of Christian ethics.
- Ability to work in and resolve conflict situations.
- Ability to represent the YMCA in a mature and professional manner.
- Must be able to "spot" children during their activities in the gym.

### DETAILS

Under the direction of the Gymnastics Director, the Coach works to administer policies and programs of the association including: USAG Compulsory routines 1-5, XCel bronze, silver gold and platinum levels and USAG Optional Levels 7-10. Coaches will attend gymnastics meets October to April of each competitive season.

Gymnastics Coach positions are currently available at our Sturgeon Bay Program Center location. Pay range based on experience. Applicants must be able to be physically active, including walking, bending, reaching, pushing and lifting 40-50 pounds on a regular basis. Free YMCA membership is included.

Full job descriptions can be found on the YMCA website, [www.DoorCountyYMCA.org](http://www.DoorCountyYMCA.org)

### Interested applicants can apply by submitting resume and references to:

Sherri Dantoin, VP Administration  
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Sturgeon Bay, WI 54235  
Email: [sdantoin@doorcountyyymca.org](mailto:sdantoin@doorcountyyymca.org)  
Phone: 920-743-4949



**DOOR COUNTY YMCA**  
Job Description  
**GYMNASTICS TEAM ASSISTANT COACH**

**Generic Position Title:** Assistant Coach  
**Specific Position Title:** Gymnastics Team Assistant Coach  
**Payroll Posting Codes:** 091GT9 (during season), 012GYM (offseason)  
**Position Grade:** Grade G

**GENERAL FUNCTIONS**

Under the direction of the Gymnastics Director and in accordance with the policies of the Door County YMCA, the Gymnastics Coach will be responsible for developing and implementing lesson plans to improve and build upon gymnast's skills and to use safe and appropriate spotting techniques to ensure safety.

**SKILLS AND QUALIFICATIONS**

The Gymnastics Coach must have a minimum of two years experience in a gymnastics program; prior competitive coaching experience is preferred. A thorough understanding of the USAG policies and procedures as well as the compulsory gymnastics routines is recommended. CPR and First aid certification is recommended within 60 days of hire; USAG Safety certification is a plus. The gymnastics coach must be able to create workout and lesson plans for their practice sessions and may be required to travel to gymnastics meets. Strong leadership, creativity, and communication skills are a must while applying the YMCA philosophy. The gymnastics coach must be able to lift a minimum of 75 pounds, routinely climb spotting blocks, and continuously bend and reach for spotting.

**ESSENTIAL FUNCTIONS**

1. Attend all practices, trainings and team functions as scheduled and required by the Director.
2. Lead practices including; warm ups, stretching, conditioning, drills, skills and routines. Start and end all workouts on time.
3. Instruct gymnasts safely and effectively on all gymnastics equipment. Know and utilize proper spotting techniques.
4. Know and follow the USAG policies and procedures and compulsory routines.
5. Recognize individual differences and adjust teaching strategies as needed for the success of all gymnasts.
6. Direct participants and parents to appropriate program personnel if needed.
7. Interact and assist gymnasts with their routines by actively correcting form and technique.
8. Develop and maintain positive relationships with gymnasts, parents, coworkers, and YMCA staff. Circulate and greet, by name, all participants and parents so everyone feels welcome.

9. Clean, maintain, and monitor equipment for safety consideration and member service. Prepare for practice  
by inspecting gymnastics center and equipment before and after practices.
10. Communicate substitutions, schedule conflicts, vacations, and significant events to supervisor.
11. Recognize and Respond to emergencies by following YMCA emergency procedures.
12. Strive to improve your gymnastics background with extra readings, studying, and written materials.
13. Provide a positive learning experience for all participants. Recognize achievement in participants and acknowledge their progress.
14. Maintain a professional and responsible attitude in the instruction of all classes. Set a good example of sportsmanship in and out of the gym center. Promote a team atmosphere and team spirit.
15. Assist the Director in coordinating awards, meet information, and any other communication as asked by the Director.
16. Exemplify the YMCA values of **CARING, HONESTY, RESPECT AND RESPONSIBILITY** in all aspects of job performance and in relationships with others.

**EFFECT ON END RESULTS**

1. Safe and friendly gymnastic environment that will attract, recruit and maintain members.
2. Proper instruction and improvement on all fundamental competitive gymnastics skills.
3. Positive relationships are developed and maintained with participants, parents, and staff

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Employee Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Supervisor Signature

\_\_\_\_\_  
Date