



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CHANGE LIVES, INCLUDING YOUR OWN WITH A CAREER AT THE YMCA

NOW HIRING **Gymnastics Instructor**

The Door County YMCA has part-time opportunities to be a part of our upcoming Progressive Gymnastics program! Gymnastics Instructors are responsible for planning, directing and leading skill development classes for youth aged 3.5-12, while fostering the development of YMCA character values of caring, honesty, respect, and responsibility into all facets of the game. Gymnastics Instructors are responsible for the general safety, growth, development, and skill achievement of the gymnasts during a scheduled class of approximately 30-60 minutes (class time varies by age and ability) on a weekly basis. Instructors are expected to emphasize team building and character development techniques into each weekly curriculum.

KEY QUALIFICATIONS

This position is responsible for learning, preparing, and leading students through a gymnastics curriculum, while guiding appropriate behavior, ensuring the safety of all participants, and fostering growth opportunities. Relationship building skills with school-aged children and their families, and working in a collaborative spirit are key elements for success. This position requires the ability to be innovative, adaptable, adventurous and creative.

DETAILS

Gymnastics Instructor positions are currently available at our Sturgeon Bay Program Center location. Pay range will be \$7.50-8.50/hour, depending on experience. Work hours will average 2-10 hours per week during the out of school hours. Applicants must be at least 16 years old and have the ability to be physically active, including walking, bending, reaching, pushing and lifting 40-50 pounds on a regular basis. Free YMCA membership is included.

Full job descriptions can be found on the YMCA website, www.doorcountyyymca.org

Interested applicants can apply by submitting resume and references to:

Sheri Dantoin, VP Administration
1900 Michigan Street
Sturgeon Bay, WI 54235
Email: sdantoin@doorcountyyymca.org
Phone: 920-743-4949



DOOR COUNTY YMCA
Job Description
GYMNASTICS INSTRUCTOR

Generic Position Title: Program Instructor I
Specific Position Title: Gymnastics Instructor
Payroll Posting Codes: 012GYM, 031NDG
Position Grade: Grade F

GENERAL FUNCTIONS

Under the direction of the Gymnastics Director and in accordance with the policies of the Door County YMCA, the Gymnastics Instructor will be responsible for building relationships with youth and families while also implementing the gymnastics lesson plans and curriculum and providing supervision to the gymnastics participants.

SKILLS AND QUALIFICATIONS

- At least 16 years of age, with the ability to cultivate positive relationships among youth and their families
- Demonstrated high level of initiative, professionalism, positive attitude, and enjoy working in and creating a strong team environment
- Proven ability to be an engaging presence in leading programs and staff that will help to develop strong character-building skills in youth and teens
- Knowledge of and demonstrated proficiency in the instruction of the skills to be taught; one year of gymnastics and/or related experience is required.
- Required ability to spot participants in required tricks
- Effectiveness in working with people including communication, motivation, discipline and cooperation

Position requires the ability to perform physical activities with considerable use of arms and legs, while moving entire body over a period of time, as well as the regular ability to lift up to 50 lbs.

CERTIFICATIONS REQUIRED

- CPR/First Aid certification is required.
- YMCA of the USA certification, Working With Youth 5-12, preferred/recommended within 1 year of hire

ESSENTIAL FUNCTIONS

1. Instruct and provide accurate demonstration of gymnastic skills and routines to all participants. Follow proper progressions and curriculum when teaching skills and routines. Recognize individual differences and adjust teaching strategies as needed for the success of all participants. Interact and assist gymnasts with their skills/routines by actively correcting form and technique. Insist on safe and proper form and technique while performing drills, curriculum and conditioning. Ensure that required skills are met before advancing participants to the next skill level. Minimize irrelevant interaction with other Instructors and/or participants/parent/etc. during class time.
2. Utilize Listen First techniques to better understand programming needs and concerns,

resolve conflicts, and coordinate the gymnastics program, modeling use of these skills to other staff. Exemplify the YMCA values of Caring, Honesty, Respect and Responsibility in all aspects of job performance and in relationships with others.

3. Provide a welcoming learning environment; make a special effort to greet new program participants and encourage positive relationship building in and among class participation. Understand the desire to continually experience growth in program enrollment and number of programs offered each session. Assist in the distribution of information to participants and parents.
4. Assure that the first class orientation educates all participants/parents as to the goals and objectives as well as the skills to be taught in the program. Program evaluations should be completed by participants/parents during the end of the session, summarized and presented to supervisor for consideration. All classes should start and end on time, according to schedule published.
5. Direct concerns of participants and/or parents to Gymnastics Coordinator or Director if unable to address them adequately. Deal effectively with any discipline or behavior issues.
6. Be a familiar face in the gymnastics center, so participants and parents will feel comfortable approaching instructors with questions or concerns.
7. Assess and determine the extent of safety concerns; decide on appropriate action prior to classes starting. Clean and maintain equipment for safety consideration and member service.

EFFECT ON END RESULT

The effectiveness of the Dance Instructor will be measured by:

- The ability to nurture positive relationships with and among families, creating a stronger relationship with the YMCA
- Gymnastics lessons that are delivered with quality, consistency, and value-based curriculum in order to meet agreed upon enrollment numbers and accomplished objectives
- Safe and friendly gymnastic environments that will attract, recruit and maintain members; safety concerns that are identified and handled, without incident, while maintaining a friendly learning environment
- Programs that are developed and implemented to the meet the changing needs of the community and parent/participant expectations

Employee Signature

Date

Supervisor Signature

Date