



BARKER GYMNASIUM SCHEDULE • NORTHERN DOOR CENTER

June 10 - June 16



MONDAY	
5:30 am-12:00 pm	Open Gym
12:00-2:30 pm	Pickle Ball – all levels (track closed)
2:30-6:00 pm	Open Gym
6:00-7:45 pm	Adult Basketball
7:45-8:00 pm	Open Gym

TUESDAY	
5:30-8:15 am	Open Gym
8:15-9:15 am	TONE™
9:15-9:30 am	Open Gym
9:30-10:15 am	Silver Sneakers Classic
10:15 am-6:00 pm	Open Gym
6:00-7:45 pm	Pickle Ball – advanced level only (track closed)
7:45-8:00 pm	Open Gym

WEDNESDAY	
5:30-8:30 am	Open Gym
8:30-9:20 am	Healthy Choice
9:20 am-12:00 pm	Open Gym
12:00-2:30 pm	Pickle Ball – all levels (track closed)
2:30-5:30 pm	Open Gym
5:30-6:30 pm	Fit for Life
6:30-7:45 pm	Pickle Ball – all levels (track closed)
7:45-8:00 pm	Open Gym

THURSDAY	
5:30-8:15 am	Open Gym
8:15-9:15 am	TONE™
9:05-9:30 am	Open Gym
9:30-10:15 am	Silver Sneakers Classic
10:15 am-6:00 pm	Open Gym
6:00-7:45 pm	Adult Basketball
7:45-8:00 pm	Open Gym

FRIDAY	
5:30-9:30 am	Open Gym
9:30-10:15 am	Silver and Fit Experience
10:15 am-12:00 pm	Open Gym
12:00-2:30 pm	Pickleball – all levels (track closed)
2:30-8:00 pm	Open Gym

SATURDAY	
7:00 am-3:00 pm	Open Gym

SUNDAY	
9:00 am-3:00 pm	Open Gym

GYMNASIUM USE GUIDELINES

- Walking/Running Track:** unless otherwise indicated, the track is available. If the protective curtains are not extended, please ask the Welcome Center to extend them.
- Participants age 8 and older may use the gym unsupervised. Youth age 7 and under must be accompanied by a parent or supervising individual (age 14 or older).
- Special events may alter the Gym Schedule outside of what is published. Please inquire at the Welcome Center in person or by calling 920.868.3660 for the most current availability.