



SP24 YOUTH PROGRAMS

SPRING 2024 • April 22 - June 16

Sturgeon Bay Program Center • 920.743.4949
1900 Michigan St. Sturgeon Bay, WI 54235

PRESCHOOL ENRICHMENT

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Tumble Tots	2 to 3	Mon	9:45 AM	10:20 AM	Apr 22	Jun 10	May 27	\$21.00	\$42.00	Katie R	Gym Ctr.
Creative Movement	3 to 5	Mon	10:30 AM	11:00 AM	Apr 22	Jun 10	May 27	\$31.50	\$63.00	Elena S	Studio 1
Kids Yoga	3 to 5	Tue	10:00 AM	10:30 AM	Apr 23	Jun 11		\$36.00	\$72.00	Elena S	Studio 1
Art Adventures and Mixing it Up	3 to 5	Tue	10:45 AM	11:15 AM	Apr 23	Jun 11		\$40.00	\$80.00	Katie R	Studio 1
Creative Movement	3 to 4	Tue	4:00 PM	4:30 PM	Apr 23	Jun 11		\$36.00	\$72.00	Elena S	Studio 3
Fun with Your Senses	3 to 5	Wed	9:15 AM	9:45 AM	Apr 24	Jun 12		\$24.00	\$48.00	Lynn R	?
Kindersports	3 to 5	Wed	10:00 AM	10:30 AM	Apr 24	Jun 12		\$28.00	\$56.00	Lynn R, Katie R	Gym C
Little Scientists	3 to 5	Thur	9:45 AM	10:30 AM	Apr 25	Jun 13		\$40.00	\$80.00	Katie R, Dori M	Studio 1
Kindercubs	3 to 5	Thur	10:45 AM	11:30 AM	Apr 25	Jun 13		\$28.00	\$56.00	Katie R, Lynn R	Gym Ctr.
Tot-ally Awesome Playgroup	Parent/Preschooler	Fri	10:45 AM	11:45 AM	Apr 26	Jun 14		\$40.00	\$40.00	Katie R	Youth Ctr.
Pepitas - Kids Spanish	4 to 6	Fri	11:10 AM	12:10 PM	Apr 26	Jun 14		\$40.00	\$80.00	Gabby M	Studio 1
PreSchool Readiness - 4 Day Option	3 to 5	M/T/W/Th	8:00 AM	11:45 AM	Jan 2	Jun 1		\$82.50	\$92.50	Gabby M	Youth Activity Ctr.

YOUTH DANCE

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Creative Movement	3 to 5	Mon	10:30 AM	11:00 AM	Apr 22	Jun 10		\$36.00	\$72.00	Elena S	Studio 3
Jazz	8 to 12	Mon	5:30 PM	6:00 PM	Apr 22	Jun 10		\$44.00	\$88.00	Alexis Z	Studio 3
Kids Yoga	3 to 5	Tue	10:00 AM	10:30 AM	Apr 23	Jun 11		\$36.00	\$72.00	Elena S	Studio 1
Creative Movement	3 to 4	Tue	4:00 PM	4:30 PM	Apr 23	Jun 11		\$36.00	\$72.00	Elena S	Studio 3
Ballet/Tap 1	5 to 7	Tue	4:45 PM	5:15 PM	Apr 23	Jun 11		\$44.00	\$88.00	Elena S	Studio 3
Contemporary/Hip Hop 1	5 to 7	Thu	4:45 PM	5:15 PM	Apr 25	Jun 13		\$44.00	\$88.00	Elena S	Studio 3
Contemporary/Hip Hop 2	8 to 12	Thu	5:30 PM	6:15 PM	Apr 25	Jun 13		\$48.00	\$96.00	Elena S	Studio 3

PROGRESSIVE GYMNASTICS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
KinderGymnastics	4 to 6	Mon	4:30 PM	5:15 PM	Apr 22	Jun 10	May 27	\$38.00	\$73.50	Jordann S	Gym Ctr.
KinderGymnastics	4 to 6	Mon	5:15 PM	6:00 PM	Apr 22	Jun 10	May 27	\$38.00	\$73.50	Jordann S	Gym Ctr.
KinderGymnastics	4 to 6	Wed	5:45 PM	6:30 PM	Apr 24	Jun 12		\$44.00	\$84.00	Alyssa L	Gym Ctr.
Progressive 1, 2, 3	6 to 13	Tue	3:45 PM	4:30 PM	Apr 23	Jun 11		\$44.00	\$84.00	Stacey B	Gym Ctr.
Progressive 1, 2, 3	6 to 13	Tue	4:30 PM	5:30 PM	Apr 23	Jun 11		\$44.00	\$84.00	Stacey B	Gym Ctr.
Progressive 1, 2, 3	6 to 13	Wed	3:45 PM	4:45 PM	Apr 24	Jun 12		\$44.00	\$84.00	Stacey B	Gym Ctr.
Progressive 1, 2, 3	6 to 13	Wed	4:45 PM	5:45 PM	Apr 24	Jun 12		\$44.00	\$84.00	Stacey B	Gym Ctr.
Progressive 1, 2, 3	6 to 13	Thu	3:45 PM	4:30 PM	Apr 25	Jun 13		\$44.00	\$84.00	Stacey B	Gym Ctr.
Progressive 1, 2, 3	6 to 13	Thu	4:30 PM	5:30 PM	Apr 25	Jun 13		\$44.00	\$84.00	Stacey B	Gym Ctr.
Pre-Team Invite Only	6 to 13	Tue	5:30 PM	7:00 PM	Apr 23	Jun 11		\$66.00	\$98.00	Stacey B	Gym Ctr.
Pre-Team Invite Only	6 to 13	Thu	5:30 PM	7:00 PM	Apr 25	Jun 13		\$66.00	\$98.00	Stacey B	Gym Ctr.

COMPETITIVE GYMNASTICS TEAM

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Workout with Gerrit	Invite Only	Mon	3:45 PM	5:15 PM	Apr 22	Jun 10	May 27	\$120.00	N/A	Gerrit D	Gym Ctr
Workout with Gerrit	Invite Only	Wed	3:45 PM	5:15 PM	Apr 24	Jun 12		\$120.00	N/A	Gerrit D	Gym Ctr
Striver Team Time	All Team Girls	Tue	5:30 PM	7:00 PM	Apr 23	Jun 11		\$120.00	N/A	Nikki P	Gym Ctr.
Striver Team Time	All Team Girls	Thu	5:30 PM	7:00 PM	Apr 25	Jun 13		\$120.00	N/A	Nikki P	Gym Ctr.

YOUTH SPORTS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Baseball/Softball Spring Training	Gr 1-6	Mon	3:45 PM	4:45 PM	Apr 22	Jun 10	May 27	\$30.00	\$60.00	Paul B	Gym A/B
Baseball/Softball Spring Training	Gr 1-6	Tue	3:45 PM	4:45 PM	Apr 23	Jun 11		\$30.00	\$60.00	Paul B	Gym A/B
Gaga Ball	Gr 1-6	Wed	3:45 PM	4:45 PM	Apr 24	Jun 12		\$30.00	\$60.00	Paul B	Gym A/B
Dodgeball	Gr 1-6	Thu	3:45 PM	4:45 PM	Apr 25	Jun 13		\$30.00	\$60.00	Paul B	Gym A/B
Home School PE	Ages 5-8	Fri	10:15 AM	11:00 AM	Apr 26	Jun 14		\$24.00	\$48.00	Demi	Gym A/B
Home School PE	Ages 9-14	Fri	11:00 AM	11:45 AM	Apr 26	Jun 14		\$24.00	\$48.00	Demi	Gym A/B
Youth Underwater Hockey	Ages 9-14	Wed	5:30 PM	7:00 PM	Apr 24	Jun 12		\$36.00	\$72.00	Kendall	Comp pool

SPORTS PERFORMANCE

****UNLIMITED PACKAGE*** enjoy unlimited classes throughout the week during our 8 week session for **\$115**

UNLOCK YOUR FITNESS POTENTIAL and elevate your training to new heights through the YMCA's cutting-edge sports performance training program on our new Performance Field. Transform your body as you build lean muscle, reduce the risk of injury, and unleash your strength and power.

CLASS	DAY	START	END	START	END	NO CLASS	MEMBER	COMM.	INST	LOC
2x/wk discount (50% off 2nd day)										
UNLIMITED PACKAGE (Unlimited classes)				Apr 22	Jun 13		\$115.00	N/A		S.P. Field
Intro To Sports Performance Training Adults 15 and up	Tue	5:15 PM	6:15 PM	Apr 23	Jun 11		\$52.00	\$104.00	Aiden L.	S.P. Field
Intro To Sports Performance Training Adults 15 and up	Thu	5:15 PM	6:15 PM	Apr 25	Jun 13		\$52.00	\$104.00	Eric B.	S.P. Field
Sports Performance Training Teens 12-17 yr	Mon	3:45 PM	4:45 PM	Apr 22	Jun 10	May 27	\$52.00	\$104.00	Mike M./Aiden L.	S.P. Field
Sports Performance Training Teens 12-17 yr	Tue	3:45 PM	4:45 PM	Apr 23	Jun 11		\$52.00	\$104.00	Aiden L./Abby T.	S.P. Field
Sports Performance Training Teens 12-17 yr	Wed	3:45 PM	4:45 PM	Apr 24	Jun 12		\$52.00	\$104.00	Mike M./Aiden L.	S.P. Field
Sports Performance Training Teens 12-17 yr	Thu	3:45 PM	4:45 PM	Apr 25	Jun 13		\$52.00	\$104.00	Aiden L./Abby T.	S.P. Field

YOUTH SPECIALTY PROGRAMS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
After School Art	Gr 1-6	Tue	3:45 PM	4:45 PM	Apr 23	Jun 11		\$40.00	\$80.00	Rebecca B	Studio 1
Home School Art	Ages 5-8	Fri	9:15 AM	10:00 AM	Apr 26	Jun 14		\$40.00	\$80.00	Rebecca B	Studio 1
Home School Art	Ages 9-14	Fri	10:10 AM	10:55 AM	Apr 26	Jun 14		\$40.00	\$80.00	Rebecca B	Studio 1
Private Strings Lessons- 8, 30 minute lessons	Gr 3-12	Please fill out Strings Request Form at front desk						\$200.00	\$240.00	Mid-Summer Music	Comm. Rm.
Girls Night Out	Gr 4-6	Tue	6:00 PM	7:00 PM	Apr 23	June 11		\$30.00	\$30.00	Ashley B	Youth Activity Center
Rotary Interact	Gr 7-12	Tue	6:00 PM	7:00 PM	Sep 5	June 5		Free	Free	Mark N/Tonya	Board Room
Super Kids Fun Night	Gr 1-5	Fri	5:00 PM	7:00 PM	Apr 19	Apr 19		\$8.00	\$16.00	Dori M	Various
Art for Anyone-Simple Paint Marbling and Collage	Everyone Welcome	Sat	10:00 AM	11:30 AM	Apr 20	Apr 20		\$10.00	\$10.00	Becky B	Studio 3
Art for Anyone-Layered Monoprints	Everyone Welcome	Sat	10:00 AM	11:30 AM	May 18	May 18		\$10.00	\$10.00	Becky B	Studio 3
Amigos- Kids Spanish	Gr 1-6	Tue	3:45 PM	4:45 PM	Apr 23	Jun 4		\$40.00	\$80.00	Gabby M	Board Room
Kids in the Kitchen	Gr 1-6	Mon	4:00 PM	5:00 PM	Apr 22	Jun 3	May 27	\$40.00	\$80.00	Logan A	Kitchen
Kids in the Kitchen	Gr 1-6	Thu	4:00 PM	5:00 PM	Apr 25	Jun 6		\$40.00	\$80.00	Logan A	Kitchen
Youth Underwater Hockey	Ages 9-14	Wed	5:30 PM	7:00 PM	Apr 24	Jun 12		\$38.00	\$72.00	Kendall	Comp pool

PARENT/CHILD SWIM LESSONS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	LOCATION
Parent/Child Stage A	6-18 mo	Tue	4:50 PM	5:20 PM	Apr 23	Jun 4		\$33.25	\$66.50	Rec Pool
Parent/Child Stage B	18 mo-3 yr	Tue	4:10 PM	4:40 PM	Apr 23	Jun 4		\$33.25	\$66.50	Rec Pool
Parent/Child Stage B	18 mo-3 yr	Tue	5:30 PM	6:00 PM	Apr 23	Jun 4		\$33.25	\$66.50	Rec Pool
Parent/Child Stage A/B	6 mo- 3yrs	Sun	11:40 AM	12:10 PM	Apr 28	Jun 2	Jun 9	\$28.80	\$57.00	Rec Pool
Parent/Child Stage B	18 mo-3 yr	Sun	11:10 AM	11:40 AM	Apr 28	Jun 2	Jun 9	\$28.80	\$57.00	Rec Pool

PRESCHOOL SWIM LESSONS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	LOCATION
Preschool Swim Stage 1	3 to 5	Tue	5:15 PM	5:45 PM	Apr 23	Jun 4		\$33.25	\$66.50	Rec Pool
Preschool Swim Stage 1	3 to 5	Thu	4:00 PM	4:30 PM	Apr 25	Jun 6		\$33.25	\$66.50	Rec Pool
Preschool Swim Stage 1	3 to 5	Sun	11:00 AM	11:30 AM	Apr 28	Jun 2	Jun 9	\$28.80	\$57.00	Rec Pool
Preschool Swim Stage 1	3 to 5	Sun	10:40 AM	11:10 AM	Apr 28	Jun 2	Jun 9	\$28.80	\$57.00	Rec Pool
Preschool Swim Stage 2	3 to 5	Mon	4:40 PM	5:10 PM	Apr 22	Jun 3	May 27	\$28.50	\$57.00	Rec Pool
Preschool Swim Stage 2	3 to 5	Tue	4:40 PM	5:10 PM	Apr 23	Jun 4		\$33.25	\$66.50	Rec Pool
Preschool Swim Stage 2	3 to 5	Sun	11:20 AM	11:50 AM	Apr 28	Jun 2	Jun 9	\$28.80	\$57.00	Rec Pool
Preschool Swim Stage 3	3 to 5	Mon	5:20 PM	5:40 PM	Apr 22	Jun 3	May 27	\$28.50	\$57.00	Rec Pool
Preschool Swim Stage 3	3 to 5	Thu	4:50 PM	5:20 PM	Apr 25	Jun 6		\$33.25	\$66.50	Rec Pool
Preschool Swim Stage 3	3 to 5	Sun	11:15 AM	11:45 AM	Apr 28	Jun 2	Jun 9	\$28.80	\$57.00	Rec Pool
Preschool Swim Stage 4	3 to 5	Mon	4:00 PM	4:30 PM	Apr 22	Jun 3	May 27	\$28.50	\$57.00	Rec Pool
Preschool Swim Stage 4	3 to 5	Mon	5:50 PM	6:20 PM	Apr 22	Jun 3	May 27	\$28.50	\$57.00	Rec Pool
Preschool Swim Stage 4	3 to 5	Sun	10:00 AM	10:30 AM	Apr 28	Jun 2	Jun 9	\$28.80	\$57.00	Rec Pool
Preschool Swim Stage 5	3 to 5	Thu	4:40 PM	5:10 PM	Apr 25	Jun 6		\$33.25	\$66.50	Rec Pool
Preschool Swim Stage 5	3 to 5	Sun	10:40 AM	11:10 AM	Apr 28	Jun 2	Jun 9	\$28.80	\$57.00	Rec Pool

YOUTH SWIM LESSONS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	LOCATION
Youth Swim Stage 1	6+	Mon	4:00 PM	4:30 PM	Apr 22	Jun 3	May 27	\$28.50	\$57.00	Rec Pool
Youth Swim Stage 1	6+	Wed	4:15 PM	4:45 PM	Apr 24	Jun 5		\$33.25	\$66.50	Rec Pool
Youth Swim Stage 1	6+	Thu	4:30 PM	5:00 PM	Apr 25	Jun 6		\$33.25	\$66.50	Rec Pool
Youth Swim Stage 2	6+	Mon	4:40 PM	5:10 PM	Apr 22	Jun 3	May 27	\$28.50	\$57.00	Rec Pool
Youth Swim Stage 2	6+	Wed	4:50 PM	5:20 PM	Apr 24	Jun 5		\$33.25	\$66.50	Rec Pool
Youth Swim Stage 2	6+	Thu	5:50 PM	6:20 PM	Apr 25	Jun 6		\$33.25	\$66.50	Rec Pool
Youth Swim Stage 3	6+	Mon	5:20 PM	5:50 PM	Apr 22	Jun 3	May 27	\$28.50	\$57.00	Rec Pool
Youth Swim Stage 3	6+	Wed	4:45 PM	5:15 PM	Apr 24	Jun 5		\$33.25	\$66.50	Rec Pool
Youth Swim Stage 3	6+	Wed	5:20 PM	5:50 PM	Apr 24	Jun 5		\$33.25	\$66.50	Rec Pool
Youth Swim Stage 3	6+	Thu	5:10 PM	5:40 PM	Apr 25	Jun 6		\$33.25	\$66.50	Rec Pool
Youth Swim Stage 4	6+	Mon	5:50 PM	6:35 PM	Apr 22	Jun 3	May 27	\$28.80	\$57.00	Rec/Comp Pool
Youth Swim Stage 4	6+	Thu	4:00 PM	4:45 PM	Apr 25	Jun 6		\$33.25	\$66.50	Rec/Comp Pool
Youth Swim Stage 4	6+	Tue	5:00 PM	5:45 PM	Apr 23	Jun 4		\$33.25	\$66.50	Rec/Comp Pool
Youth Swim Stage 5	6+	Wed	4:45 PM	5:30 PM	Apr 24	Jun 5		\$33.25	\$66.50	Rec/Comp Pool
Youth Swim Stage 5	6+	Thu	4:50 PM	5:35 PM	Apr 25	Jun 6		\$33.25	\$66.50	Rec/Comp Pool
Youth Swim Stage 5	6+	Sun	12:00 PM	12:45 PM	Apr 28	Jun 2	Jun 9	\$28.80	\$57.00	Rec/Comp Pool
Youth Underwater Hockey	Ages 9-14	Wed	5:30 PM	7:00 PM	Apr 24	Jun 5	Jun 12	\$33.25	\$66.50	Kendall Comp pool

COMPETITIVE SWIM TEAM

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	LOCATION
DCY Swim Team-Spring Training JR/SR (Dolphin Club)	6+	M/T/Th	4:00 PM	5:30 PM	Apr 22	Jun 6		\$90.00		Comp Pool

PRIVATE SWIM LESSONS

CLASS	MBR.	COMM.	INST	LOC
Private Swim Lessons			By appointment (price is per person, 4 lessons)	\$100.00 \$150.00 TBA Rec/Comp
Semi-Private Swim Lessons			By appointment (price is per person, 4 lessons)	\$80.00 \$130.00 TBA Rec/Comp

LIFEGUARD CLASS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC	
Lifeguard Certification Training - <i>MUST attend all four days</i>	15+	Thu-Sun	June 27 & 28 5:00PM-8:00PM June 29 & 30 8:00AM-5:00PM					\$325.00		Free Course and Y Members hip when you join our Team	Heidi	Rec/Comp & Meeting Rm.
Lifeguard Recertification Training - <i>MUST hold a current lifeguard certification</i>	15+	Sat	8:00 AM	5:00 PM	Jun 22	Jun 22		\$150.00			Heidi	Rec/Comp & Meeting Rm.

Kids Club

CLASS	MBR.	COMM.	LOCATION
Before School Care 3 Days	\$27.50	\$32.50	Kress Youth Activity Center
Before School Care 4 Days	\$30.00	\$35.00	Kress Youth Activity Center
Before School Care 5 Days	\$32.50	\$37.50	Kress Youth Activity Center

Preschool 2 Days	Runs until 5/24	\$55.00	\$65.00	Kress Youth Activity Center
Preschool 4 Days	Runs until 5/24	\$82.50	\$92.50	Kress Youth Activity Center
After School Care Daily	3-5:30 pm School Year, Paid Weekly	\$20.00	\$30.00	Kress Youth Activity Center
After School Care 3 Days	3-5:30 pm School Year, Paid Weekly	\$55.00	\$65.00	Kress Youth Activity Center
After School Care 4 Days	3-5:30 pm School Year, Paid Weekly	\$60.00	\$70.00	Kress Youth Activity Center
After School Care 5 Days	3-5:30 pm School Year, Paid Weekly	\$65.00	\$75.00	Kress Youth Activity Center