



# W125 YOUTH PROGRAMS

Winter 1 2025 • January 2 – February 23

Sturgeon Bay Program Center • 920.743.4949  
1900 Michigan St. Sturgeon Bay, WI 54235

### PRESCHOOL ENRICHMENT

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Storybook Adventures	3-5	Mon	9:30 AM	10:00 AM	Jan 6	Feb 17		\$28.00	\$56.00	Rebecca B	Underground
Creative Movement	3-5	Mon	10:45 AM	11:15 AM	Jan 6	Feb 17		\$28.00	\$56.00	Elena S	Gym Center
Totally Awesome Tots	2	Mon	10:45 AM	11:15 AM	Jan 6	Feb 17		\$24.50	\$49.00	Katie R	Community Rm
Kids Yoga	3-5	Tue	10:00 AM	10:30 AM	Jan 7	Feb 18		\$28.00	\$56.00	Elena S	Gym C
Art Adventures	3-5	Tue	10:45 AM	11:15 AM	Jan 7	Feb 18		\$35.00	\$70.00	Rebecca B	Underground
Turnle Tots	2	Wed	9:15 AM	10:00 AM	Jan 8	Feb 19	Jan 1	\$24.50	\$49.00	Katie R	Gym Center
Kindersports	3-5	Wed	10:00 AM	10:30 AM	Jan 8	Feb 19	Jan 1	\$28.00	\$56.00	Lynn R	Gym C
Wacky Wednesday	3-5	Wed	10:15 AM	11:00 AM	Jan 8	Feb 19	Jan 1	\$35.00	\$70.00	Katie	Underground
Pepitas Preschool Spanish	3-5	Thu	8:45 AM	9:30 AM	Jan 9	Feb 20		\$40.00	\$80.00	Gabby M	Underground
Kindercubs	3-5	Thu	9:45 AM	10:30 AM	Jan 9	Feb 20		\$32.00	\$64.00	Lynn/Katie	Gym Center
Kids in the Kitchen	3-5	Fri	10:15 AM	11:00 AM	Jan 10	Feb 21		\$40.00	\$80.00	Katie/Lynn	Kitchen

### YOUTH DANCE

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Creative Movement	3-4	Tue	4:00 PM	4:30 PM	Jan 7	Feb 18		\$28.00	\$56.00	Elena S	Studio 3
Ballet/Tap 1	5-6	Tue	4:45 PM	5:15 PM	Jan 7	Apr 8		\$70.00	\$140.00	Elena S	Studio 3
Ballet/Tap 2	7-10	Tue	5:30 PM	6:15 PM	Jan 7	Apr 8		\$77.00	\$154.00	Elena S	Studio 3
Contemporary/Hip Hop 1	5-7	Thu	4:45 PM	5:15 PM	Jan 9	Apr 10	Jan 23	\$70.00	\$140.00	Elena S	Studio 3
Contemporary/Hip Hop 2	8-12	Thu	5:30 PM	6:15 PM	Jan 9	Apr 10	Jan 23	\$77.00	\$154.00	Elena S	Studio 3

### PROGRESSIVE GYMNASTICS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
KinderGymnastics	4 to 6	Mon	5:00 PM	5:45 PM	Jan. 6	Feb 17		\$38.50	\$73.50	Stacey B./ Alesix M./ Demi P.	Gym Ctr.
KinderGymnastics	4 to 6	Mon	5:45 PM	6:30 PM	Jan. 6	Feb 17		\$38.50	\$73.50	Stacey B./ Demi P.	Gym Ctr.
KinderGymnastics	4 to 6	Wed	5:45 PM	6:30 PM	Jan. 8	Feb 19	Jan 1	\$38.50	\$73.50	Alyssa L./ Stacey B./ Alexa J.	Gym Ctr.
Pre Progressive Gymnastics	Invite Only	Fri	5:15 PM	6:00 PM	Jan. 3	Feb 14		\$44.00	\$84.00	Stacey B./ Alexa J.	Gym Ctr.
Progressive Gymnastics	7 to 13	Wed	5:00 PM	5:45 PM	Jan. 8	Feb 19	Jan 1	\$38.50	\$73.50	Stacey B./ Alexa J.	Gym Ctr.
Progressive Gymnastics	7 to 13	Fri	3:45 PM	4:30 PM	Jan. 3	Feb 14		\$44.00	\$84.00	Stacey B./ Alexa J.	Gym Ctr.
Progressive Gymnastics	7 to 13	Fri	4:30 PM	5:15 PM	Jan. 3	Feb 14		\$44.00	\$84.00	Stacey B./ Alexa J.	Gym Ctr.
Pre-Team	Invite Only	Tue	3:30 PM	4:30 PM	Jan. 7	Feb 18		\$57.75	\$85.75	Demi P./ Heather H.	Gym Ctr.
Pre-Team	Invite Only	Thu	3:30 PM	4:30 PM	Jan. 2	Feb 20		\$66.00	\$98.00	Demi P./ Stacey B.	Gym Ctr.

### COMPETITIVE GYMNASTICS TEAM

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	INST	LOC
Silver Striver Team Time	Silver Team Only	Tue	4:30 PM	6:00 PM	Oct. 29	Mar 16	See Handbook.	\$340.00	Demi P./ Heather H./ Nikki P.	Gym Ctr.
Silver Striver Team Time	Silver Team Only	Thu	4:30 PM	6:00 PM	Oct. 31	Mar 16	See Handbook.	\$340.00	Demi P./ Stacey B./ Nikki P.	Gym Ctr.
Gold/ Level 8 Team Time	Gold/Level 8 Only	2x a season	Between Nikki and Gerrit times (37 workouts)		Oct. 28	Mar 16	See Handbook.	\$680.00	Nikki P./Gerrit D.	Gym Ctr.
Gold/ Level 8 Team Time	Gold/Level 8 Only	3x a season	Between Nikki and Gerrit times (55 workouts)		Oct. 28	Mar 16	See Handbook.	\$1,050.00	Nikki P./Gerrit D.	Gym Ctr.
Gold/ Level 8 Team Time	Gold/Level 8 Only	4x a season	Between Nikki and Gerrit times (74 workouts)		Oct. 28	Mar 16	See Handbook.	\$1,390.00	Nikki P./Gerrit D.	Gym Ctr.

### YOUTH SPORTS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Basketball Skills and Drills	Gr 1st-6th	Mon	3:45 PM	4:45 PM	Jan 6	Feb 17		\$30.00	\$60.00	Paul B.	Gym A/B

Basketball Skills and Drills	Gr 1st-6th	Tue	3:45 PM	4:45 PM	Jan 7	Feb 18		\$30.00	\$60.00	Paul B.	Gym A/B
Kickball	Gr 1st-6th	Wed	3:45 PM	4:45 PM	Jan 8	Feb 19		\$30.00	\$60.00	Paul B.	Gym A/B
Dodgeball	Gr 1st-6th	Thu	3:45 PM	4:45 PM	Jan 2	Feb 20		\$30.00	\$60.00	Paul B.	Gym A/B
Homeschool PE	5-8 yr	Fri	10:15 AM	11:00 AM	Jan 3	Feb 21		\$24.00	\$48.00	Demi	Gym A/B
Homeschool PE	9-15 yr	Fri	11:00 AM	11:45 AM	Jan 3	Feb 21		\$24.00	\$48.00	Demi	Gym A/B
Saturday Basketball	4k-5k	Sat	9:00 AM	9:45 AM	Jan 4	Feb 22	Jan 18 Feb 22	\$30.00	\$60.00	Paul B.	Gym A/B
Saturday Basketball	1st-2nd	Sat	10:00 AM	10:55 AM	Jan 4	Feb 22	Jan 18 Feb 22	\$30.00	\$60.00	Paul B.	Gym A/B
Saturday Basketball	3rd-6th	Sat	11:00 AM	11:55 AM	Jan 4	Feb 22	Jan 18 Feb 22	\$30.00	\$60.00	Paul B.	Gym A/B

**SPORTS PERFORMANCE**

\*\*\*\*UNLIMITED PACKAGE\*\*\* enjoy unlimited classes throughout the week during our 8 week session for **\$115**

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
<b>2x/wk discount (50% off 2nd day)</b>											
Sports Performance Training Teens	Ages 12-17	Mon	4:00 PM	5:00 PM	Jan 6	Feb 17		\$52.00	\$104.00	Mike/Aiden	S.P. Field
Sports Performance Training Teens	Ages 12-17	Wed	4:00 PM	5:00 PM	Jan 8	Feb 19		\$52.00	\$104.00	Mike/Aiden	S.P. Field

**YOUTH SPECIALTY PROGRAMS**

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
After School Art	1st-6th	Tues	3:45 PM	4:45 PM	Jan 7	Feb 18		\$40.00	\$80.00	Rebecca B	Underground
Homeschool Art	Ages 5-8	Fri	9:15 AM	10:00 AM	Jan 3	Feb 21		\$40.00	\$80.00	Rebecca B	Underground
Homeschool Art	Ages 9-15	Fri	10:10 AM	10:55 AM	Jan 3	Feb 21		\$40.00	\$80.00	Rebecca B	Underground
Home School Swim	5+	Thu	11:40 AM	12:25 PM	Jan 2	Feb 20		\$36.00	\$72.00	N/A	Rec/Comp Pool
Parent/Child Adaptive Swim Lessons	3-12 yrs	Sat	9:00 AM	9:45 AM	Jan 4	Feb 15		\$33.25	\$66.50	Kevin B	Rec Pool
Wisconsin River Swim Challenge	9+	Please see flyer for more info.			Jan 2	Apr 24		\$25.00	\$25.00	N/A	Comp Pool
Private Strings Lessons- 8, 30 minute lessons	Gr 3-12	Please fill out Strings Request Form at front desk						\$200.00	\$240.00	Mid-Summers Music	Comm. Rm.
Youth In Government	Gr 7-12	Mon	6:30 PM	7:30 PM	Sept 23	Mar 9		\$325.00	\$400.00	Paul B/Colleen	Meeting Room
Rotary Interact	Gr 7-12	Tue	6:15 PM	6:45 PM	Sept 17	May 27		<b>FREE</b>	<b>FREE</b>	Tonya F/Allyson F	Meeting Room
Super Kids Fun - Nerf Night	Gr 2-6	Fri	5:00 PM	7:00 PM	Jan 17	Jan 17		\$8.00	\$16.00	Staff	Gyms, Gym. Cntr., pool
Snow Much Fun	Everybody	Fri	5:00 PM	7:00 PM	Feb 21	Feb 21		\$8.00	\$8.00	Becky	TBD
Kid's in the Kitchen	Gr 1-6	Mon	4:00 PM	5:00 PM	Jan 6	Feb 17		\$40.00	\$80.00	Rhian M/Rachel P	Program Kitchen
Kid's in the Kitchen	Gr 1-6	Thu	4:00 PM	5:00 PM	Jan 2	Feb 20		\$40.00	\$80.00	Rhian M/Rachel P	Program Kitchen
Amigos - Kids Spanish	Gr 1-6	Tue	3:45 PM	4:45 PM	Jan 7	Feb 18		\$40.00	\$80.00	Gabby M	Comm. Rm.
Girl's Night Out	Ages 10 -12	Tue	6:00 PM	7:00 PM	Jan 7	Feb 18		\$30.00	\$30.00	Ashley B	Kress Youth Activity Center
Underground Afterschool Program	8+ yr	Mon-Thu	3:00 PM	5:00 PM	Jan 2nd	Feb 23		<b>Free</b>	<b>Free</b>	Logan	Underground
Underground Teen Hangout	10+	T/Th	5:00 PM	6:30 PM	Jan 2nd	Feb 23		<b>Free</b>	<b>Free</b>	Logan	Underground
Underground- Christmas Break	8+	Mon	12:00 PM	5:00 PM	Dec 23	Dec 23		<b>Free</b>	<b>Free</b>	Logan	Underground
Underground- Christmas Break	8+	Thursday	12:00 PM	5:00 PM	Dec 27	Dec 27		<b>Free</b>	<b>Free</b>	Logan	Underground
Underground- Christmas Break	8+	Friday	12:00 PM	5:00 PM	Dec 28	Dec 28		<b>Free</b>	<b>Free</b>	Logan	Underground
Underground- Christmas Break	8+	Mon	12:00 PM	5:00 PM	Dec 30	Dec 30		<b>Free</b>	<b>Free</b>	Logan	Underground
Underground- Christmas Break	8+	Tue	12:00 PM	5:00 PM	Dec 31	Dec 31		<b>Free</b>	<b>Free</b>	Logan	Underground
Underground - Days Off of School	8+	Fri	11:00 AM	4:00 PM	Jan 17th	Jan 17th		<b>Free</b>	<b>Free</b>	Logan	Underground
Underground - Days Off of School	8+	Fri	11:00 AM	4:00 PM	Feb 21st	Feb 21st		<b>Free</b>	<b>Free</b>	Logan	Underground
Underground Teen Night	12-18	Fri	6:00 PM	8:00 PM	Jan 24	Jan 24		<b>\$5</b>	<b>\$5</b>	Logan/Rachel	Underground

**KIDS CLUB**

CLASS	MBR.	COMM.	LOCATION	
Before School Care Daily	6:15-7:45 AM School Year, Paid Daily	\$15.00	\$20.00	Kress Youth Activity Center
Before School Care 3 Days	6:15-7:45am School Year, Paid Weekly	\$27.50	\$32.50	Kress Youth Activity Center
Before School Care 4 Days	6:15-7:45am School Year, Paid Weekly	\$30.00	\$35.00	Kress Youth Activity Center
Before School Care 5 Days	6:15-7:45am School Year, Paid Weekly	\$32.50	\$37.50	Kress Youth Activity Center
Preschool 2 Days	Runs until 5/22 8AM-11:45AM	\$60.00	\$70.00	Kress Youth Activity Center
Preschool 4 Days	Runs until 5/22 8AM-11:45AM	\$90.00	\$100.00	Kress Youth Activity Center
Preschool Wrap-Around Care 2 Days	Runs 6:15AM-8AM and 12PM-5:30PM until 5/22, Paid Weekly	\$40.00	\$50.00	Kress Youth Activity Center
Preschool Wrap-Around Care 4 Days	Runs 6:15AM-8AM and 12PM-5:30PM until 5/22, Paid Weekly	\$75.00	\$85.00	Kress Youth Activity Center
After School Care Daily	3-5:30 pm School Year, Paid Weekly	\$25.00	\$35.00	Kress Youth Activity Center
After School Care 3 Days	3-5:30 pm School Year, Paid Weekly	\$60.00	\$70.00	Kress Youth Activity Center
After School Care 4 Days	3-5:30 pm School Year, Paid Weekly	\$68.00	\$78.00	Kress Youth Activity Center
After School Care 5 Days	3-5:30 pm School Year, Paid Weekly	\$72.00	\$82.00	Kress Youth Activity Center
Kids Day Out 1/2 Day	10:45 AM-5:30 PM January 17th	\$36.00	\$46.00	Kress Youth Activity Center
Kids Day Out Full Day	6:15 AM- 5:30 PM January 20th, February 20th, February 21st	\$50.00	\$60.00	Kress Youth Activity Center

**PARENT/CHILD SWIM LESSONS**

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	LOCATION
-------	-----	-----	-------	-----	-------	-----	----------	------	-------	----------

Parent/Child Stage B	18 mo-3 yr	Mon	4:10 PM	4:45 PM	Jan 6	Feb 10		\$28.50	\$57.00	Rec Pool
Parent/Child Stage A/B	6-18 mo	Fri	8:30 AM	9:05 AM	Jan 3	Feb 14		\$33.25	\$66.50	Rec Pool
Parent/Child Stage A	6-18 mo	Sun	10:30 AM	11:05 AM	Jan 5	Feb 16		\$33.25	\$66.50	Rec Pool
Parent/Child Adaptive	3-12 yrs	Sat	9:00 AM	9:45 AM	Jan 4	Feb 15	Jan 11	\$28.50	\$57.00	Rec Pool

**PRESCHOOL SWIM LESSONS**

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	LOCATION
Preschool Swim Stage 1	3 to 5	Mon	8:30 AM	9:05 AM	Jan 6	Feb 10		\$28.50	\$57.00	Rec Pool
Preschool Swim Stage 1	3 to 5	Tue	5:15 PM	5:55 PM	Jan 7	Feb 11		\$28.50	\$57.00	Rec Pool
Preschool Swim Stage 1	3 to 5	Fri	9:10 AM	9:45 AM	Jan 3	Feb 14		\$33.25	\$66.50	Rec Pool
Preschool Swim Stage 1	3 to 5	Sun	9:45 AM	10:20 AM	Jan 5	Feb 16		\$33.25	\$66.50	Rec Pool
Preschool Swim Stage 2	3 to 5	Mon	9:10 AM	9:45 AM	Jan 6	Feb 10		\$28.50	\$57.00	Rec Pool
Preschool Swim Stage 2	3 to 5	Tue	4:40 PM	5:15 PM	Jan 7	Feb 11		\$28.50	\$57.00	Rec Pool
Preschool Swim Stage 2	3 to 5	Sun	11:10 AM	11:45 AM	Jan 5	Feb 16		\$33.25	\$66.50	Rec Pool
Preschool Swim Stage 3	3 to 5	Wed	5:30 PM	6:05 PM	Jan 8	Feb 12		\$28.50	\$57.00	Rec Pool
Preschool Swim Stage 3	3 to 5	Thu	5:40 PM	6:15 PM	Jan 2	Feb 13	Jan 23	\$28.50	\$57.00	Rec Pool
Preschool Swim Stage 3	3 to 5	Sun	9:45 AM	10:20 AM	Jan 5	Feb 16		\$33.25	\$66.50	Rec Pool
Preschool Swim Stage 4	3 to 5	Thu	5:00 PM	5:35 PM	Jan 2	Feb 13	Jan 23	\$28.50	\$57.00	Rec Pool
Preschool Swim Stage 4	3 to 5	Sun	9:00 AM	9:35 AM	Jan 5	Feb 16		\$33.25	\$66.50	Rec Pool

**YOUTH SWIM LESSONS**

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	LOCATION
Youth Swim Stage 1	6+	Mon	4:00 PM	4:45 PM	Jan 6	Feb 10		\$28.50	\$57.00	Rec Pool
Youth Swim Stage 2	6+	Mon	4:10 PM	4:55 PM	Jan 6	Feb 20		\$28.50	\$57.00	Rec Pool
Youth Swim Stage 3	6+	Wed	4:45 PM	5:30 PM	Jan 8	Feb 12		\$28.50	\$57.00	Rec Pool
Youth Swim Stage 3	6+	Wed	5:40 PM	6:25 PM	Jan 8	Feb 12		\$28.50	\$57.00	Rec Pool
Youth Swim Stage 4	6+	Thu	4:00 PM	4:45 PM	Jan 2	Feb 13	Jan 23	\$28.50	\$57.00	Rec/Comp Pool
Youth Swim Stage 5	6+	Wed	4:50 PM	5:35 PM	Jan 8	Feb 12		\$28.50	\$57.00	Comp Pool
Youth Swim Stage 5	6+	Thu	4:50 PM	5:35 PM	Jan 2	Feb 13	Jan 23	\$28.50	\$57.00	Comp Pool
Home School Swim	5+	Thu	11:40 AM	12:25 PM	Jan 2	Feb 20		\$36.00	\$72.00	Rec/Comp Pool

**COMPETITIVE SWIM TEAM**

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	LOCATION
Dolphin Club	6+	M/W	3:45 PM	4:45 PM	Jan 6	Feb 19		\$76.00	\$152.00	Comp Pool
DCY SWIM Team (Juniors)3 day	6+	M/T/TH	3:45 PM	5:00 PM	Oct 28	Mar 21		\$365.00		Comp Pool
DCY SWIM Team-JE/Seniors 3 Day	9+	M/T/TH	5:15 PM	7:00 PM	Oct 28	Mar 21		\$420.00		Comp Pool
DCY SWIM Team-JE/Seniors 4 Day	9+	M-TH	5:15 PM	7:00 PM	Oct 28	Mar 21		\$600.00		Comp Pool
DCY SWIM Team-JE/Seniors 5 Day	9+	M-Th(PM) M/W(AM)	5:15PM 6:00AM	7:00 PM 7:00AM	Oct 28	Mar 21		\$760.00		Comp Pool

**PRIVATE SWIM LESSONS**

CLASS	MBR.	COMM.	INST	LOC
Private Swim Lessons	By appointment (price is per person, 4 lessons)	\$100.00	\$150.00	TBA Rec/Comp
Semi-Private Swim Lessons	By appointment (price is per person, 4 lessons)	\$80.00	\$130.00	TBA Rec/Comp

**LIFEGUARD CLASS**

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Lifeguard Certification Training - <i>MUST attend all class sessions</i>	15+	Tuesday	4:30 PM	8:00 PM	Jan 7	Feb 25		\$325.00	Free Course and Y Membership when you join our Team	Heidi	Rec/Comp & Meeting Rm.
Lifeguard Recertification Training - <i>MUST hold a current lifeguard certification. Must complete online work before class.</i>	15+	Saturday	8:00 AM	1:00 PM	Mar 22	Mar 22		\$150.00	Free if you currently work at the Y	Heidi	Rec/Comp & Meeting Rm.