



F125 YOUTH PROGRAMS

Fall 1 2025 • September 2 - October 26

Sturgeon Bay Program Center • 920.743.4949
1900 Michigan St. Sturgeon Bay, WI 54235

PRESCHOOL ENRICHMENT

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Cuddle and Curl	1-2	Mon	8:30 AM	9:00 AM	Sep 8	Oct 20		\$24.50	\$49.00	Katie R.	Comm.-Rm.
Kindersports	3-5	Mon	9:15 AM	10:00 AM	Sep 8	Oct 20		\$28.00	\$56.00	nah F./ Becky B.	Outside/Gym C
Kindercubs	3-5	Mon	10:15 AM	11:00 AM	Sep 8	Oct 20		\$28.00	\$56.00	Lynn R./Katie R.	Gym Ctr.
Imagination Creation Station	3-5	Tue	9:00 AM	9:45 AM	Sep 2	Oct 14	Oct 21	\$35.00	\$70.00	Katie R./ Becky B.	Underground
Creative Movement	3-5	Tue	10:00 AM	10:30 AM	Sep 2	Oct 14	Oct 21	\$28.00	\$56.00	Elena S./ Hannah F.	Gym Ctr.
Kids in the Kithchen	3-5	Tue	10:45 AM	11:45 AM	Sep 2	Oct 14	Oct 21	\$35.00	\$70.00	Katie R./ Lynn R.	Kitchen
Tippy Toes	3-4	Tue	3:30 PM	4:00 PM	Sep 2	Dec 16	Nov 25	\$75.00	\$150.00	Elena S./ Kaitlyn K.	Studio 3
Pepitas	3-5	Tue	3:45 PM	4:30 PM	Sep 2	Oct 21		\$40.00	\$80.00	Gabby M.	Mtg.-Room
Kindercubs	3-5	Wed	9:00 AM	9:45 AM	Sep 3	Oct 22		\$32.00	\$64.00	Katie R./ Lynn R.	Gym Ctr.
Kindersports	3-5	Wed	10:00 AM	10:45 AM	Sep 3	Oct 22		\$32.00	\$64.00	Becky B./ Hannah F.	Outside/Gym C
Tumble Tots	2	Wed	10:00 AM	10:45 AM	Sep 3	Oct 22		\$28.00	\$56.00	Katie R.	Gym Ctr.
Greek Explorers (All seasons)	3-5	Thu	9:00 AM	10:30 AM	Sep 4	Oct 23		\$72.00	\$144.00	Steve M./ Lynn R.	Crossroads
Kids Yoga	3-5	Thu	10:00 AM	10:30 AM	Sep 4	Oct 23		\$32.00	\$64.00	Elena S./ Hannah F.	Gym Ctr.
Little Scientists	3-5	Thu	10:45 AM	11:30 AM	Sep 4	Oct 23		\$40.00	\$80.00	Katie R./ Becky B.	Underground

DANCE

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Tippy Toes	3-4	Tue	3:30 PM	4:00 PM	Sep 2	Dec 16	Nov 25	\$75.00	\$150.00	Elena S./ Kaitlyn K.	Studio 3
Ballet 1	5-7	Tue	4:10 PM	4:40 PM	Sep 2	Dec 16	Nov 25	\$75.00	\$150.00	Elena S./ Kaitlyn K.	Studio 3
Ballet 2	8+	Tue	4:50 PM	5:35 PM	Sep 2	Dec 16	Nov 25	\$90.00	\$180.00	Elena S./ Kaitlyn K.	Studio 3
Jumps, Turns and Leaps	8+	Tue	5:45 PM	6:30 PM	Sep 2	Oct 21		\$40.00	\$80.00	Elena S./ Kaitlyn K.	Studio 3
Hip Hop 1	5-7	Thu	4:00 PM	4:30 PM	Sep 4	Dec 18	Nov 27	\$75.00	\$150.00	Elena S./ Kaitlyn K.	Studio 3
Tap 1	5-7	Thu	4:40 PM	5:10 PM	Sep 4	Dec 18	Nov 27	\$75.00	\$150.00	Elena S./ Kaitlyn K.	Studio 3
Hip Hop 2	8+	Thu	5:20 PM	5:50 PM	Sep 4	Dec 18	Nov 27	\$75.00	\$150.00	Elena S./ Kaitlyn K.	Studio 3
Tap 2	8+	Thu	6:00 PM	6:30 PM	Sep 4	Dec 18	Nov 27	\$75.00	\$150.00	Elena S./ Kaitlyn K.	Studio 3

GYMNASTICS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Kindergymnastics	4 to 6	Mon	5:15 PM	6:00 PM	Sep 8	Oct 20		\$38.50	\$73.50	Alexis M.	Gym Ctr.
Kindergymnastics	4 to 6	Wed	5:15 PM	6:00 PM	Sep 3	Oct 23		\$44.00	\$84.00	Alyssa L.	Gym Ctr.
Pre-Progressive Gymnastics	Invite Only	Mon	4:15 PM	5:00 PM	Sep 8	Oct 20		\$38.50	\$73.50	Stacey B.	Gym Ctr.
Progressive Gymnastics	7 to 13	Mon	3:30 PM	4:15 PM	Sep 8	Oct 20		\$38.50	\$73.50	Stacey B.	Gym Ctr.
Progressive Gymnastics	7 to 13	Wed	3:30 PM	4:15 PM	Sep 3	Oct 22		\$44.00	\$84.00	Stacey B.	Gym Ctr.
Progressive Gymnastics	7 to 13	Wed	4:15 PM	5:00 PM	Sep 3	Oct 22		\$44.00	\$84.00	Stacey B.	Gym Ctr.
Pre-Team	Invite Only	Tue	3:45 PM	4:45 PM	Sep 2	Oct 21		\$44.00	\$84.00	Stacey B.	Gym Ctr.
Pre-Team	Invite Only	Thu	3:45 PM	4:45 PM	Sep 4	Oct 23		\$44.00	\$84.00	Stacey B.	Gym Ctr.

COMPETITIVE GYMNASTICS TEAM

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Silver Strivers Team Time	All Team	Tue	4:45 PM	6:15 PM	Sep 2	Oct 21		\$180.00	--	Nikki P.	Gym Ctr.
Silver Strivers Team Time	All Team	Thu	4:45 PM	6:15 PM	Sep 4	Oct 23		\$180.00	--	Nikki P.	Gym Ctr.
Gold/8s Strivers Team Time	All Team	Tue	6:15 PM	7:45 PM	Sep 2	Oct 21		\$180.00	--	Nikki P.	Gym Ctr.
Gold/8s Strivers Team Time	All Team	Thu	6:15 PM	7:45 PM	Sep 4	Oct 23		\$180.00	--	Nikki P.	Gym Ctr.
Workout with Gerrit	Invite Only	Mon	3:34 PM	5:15 PM	Sep 8	Oct 20		\$165.00	--	Gerrit D.	Gym Ctr.
Workout with Gerrit	Invite Only	Wed	3:34 PM	5:15 PM	Sep 3	Oct 22		\$180.00	--	Gerrit D.	Gym Ctr.

YOUTH SPORTS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Flag Football Practice	Gr 1st-6th	Mon	3:45 PM	4:45 PM	Sep 8	Oct 20		\$30.00	\$60.00	Paul B.	Peterson Park
Flag Football Practice	Gr 1st-6th	Tue	3:45 PM	4:45 PM	Sep 2	Oct 21		\$30.00	\$60.00	Paul B.	Peterson Park
Strikeout	Gr 1st-6th	Wed	3:45 PM	4:45 PM	Sep 3	Oct 22		\$30.00	\$60.00	Dennis W.	Gym A/B
Dodgeball	Gr 1st-6th	Thu	3:45 PM	4:45 PM	Sep 4	Oct 23		\$30.00	\$60.00	Paul B.	Gym A/B
Homeschool PE	5-10 yr	Fri	10:15 AM	11:00 AM	Sep 5	Oct 24		\$24.00	\$48.00	Emma J.	Gym A/B
Homeschool PE	11-17 yr	Fri	11:00 AM	11:45 AM	Sep 5	Oct 24		\$24.00	\$48.00	Emma J.	Gym A/B
Saturday Flag Football	Gr 4k-5k	Sat	9:00 AM	9:45 AM	Sep 6	Oct 25		\$50.00	\$100.00	Paul B.	Sturgeon Bay High School
Saturday Flag Football	Gr 1st-2nd	Sat	10:00 AM	10:55 AM	Sep 6	Oct 25		\$50.00	\$100.00	Paul B.	Sturgeon Bay High School
Saturday Flag Football	Gr 3rd-6th	Sat	11:00 AM	11:55 AM	Sep 6	Oct 25		\$50.00	\$100.00	Paul B.	Sturgeon Bay High School
Parkour	11-14 yr	Fri	6:00 PM	7:00 PM	Sep 5	Oct 24		\$50.00	\$100.00	Steven B.	Gym Ctr.
Parkour	11-14 yr	Sat	9:30 AM	10:30 AM	Sep 6	Oct 25		\$50.00	\$100.00	Steven B.	Gym Ctr.

SPORTS PERFORMANCE

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Sports Performance Training (Ages 12-17)	12-17	Wed	4:00 PM	5:00 PM	Sep 3	Oct 22		\$52.00	\$104.00	Mike M.	S.P. Field

YOUTH SPECIALTY PROGRAMS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
After School Art	Gr 1st-6th	Tue	3:45 PM	4:45 PM	Sep 2	Oct 21		\$40.00	\$80.00	Becky B.	Underground
Homeschool Art	5-10 yr	Fri	9:15 AM	10:00 AM	Sep 5	Oct 24		\$40.00	\$80.00	Becky B.	Underground
Homeschool Art	11-17 yr	Fri	10:10 AM	10:55 AM	Sep 5	Oct 24		\$40.00	\$80.00	Becky B.	Underground
Homeschool Lunch and Recess	5-10 yr	Fri	11:00 AM	11:45 AM	Sep 5	Oct 24		\$24.00	\$34.00	Becky B.	Outside/Lounge
Homeschool Lunch and Recess	11-17 yr	Fri	11:45 AM	12:30 AM	Sep 5	Oct 24		\$24.00	\$34.00	Becky B.	Outside/Lounge
Mind Flex	Gr 7-9	Fri	5:30 PM	7:30 PM	Sep 19	Sep 19		\$15.00	\$20.00	Becky B.	Studio 3
Mind Flex	Gr 7-9	Fri	5:30 PM	7:30 PM	Oct 17	Oct 17		\$15.00	\$20.00	Becky B.	Studio 3
Private Strings Lessons- 8, 30 minute lessons	Gr 3-12	Please fill out Strings Request Form at front desk						\$200.00	\$240.00	Mid-Summers Music	TBD
Youth In Government	Gr 7-12	Mon	6:30 PM	7:30 PM	Sep 22	Mar 8		\$325.00	\$400.00	Paul B./Colleen	Mtg. Room
Kids in the Kitchen	Gr 1st-6th	Mon	4:00 PM	5:00 PM	Sep 8	Oct 20		\$40.00	\$80.00	Rhian M./Rachel P.	Program Kitchen
Kids in the Kitchen	Gr 1st-6th	Thu	4:00 PM	5:00 PM	Sep 4	Oct 23		\$40.00	\$80.00	Rhian M./Rachel P.	Program Kitchen
Amigos	Gr 1st-6th	Tue	4:45 PM	5:45 PM	Sep 2	Oct 21		\$40.00	\$80.00	Gabby M.	Comm. Rm.
Trunk or Treat	All	Fri	4:30 PM	6:00 PM	Oct 24	Oct 24		FREE	FREE	Julia L.	Upper Parking Lot
Mighty Kids- Super Hero Night	3-6	Fri	5:00 PM	7:00 PM	Sept 19	Sept 19		\$10.00	\$20.00	Ashley B.	Kress Youth Activity Center
Super Kids Fun Night	7-12	Fri	5:00 PM	7:00 PM	Sept 19	Sept 19		\$8.00	\$16.00	Julia L.	Pool/gyms

KIDS CLUB 2025-2026 SCHOOL YEAR

CLASS							MBR.	COMM.	LOCATION	
Before School Care Daily	6:15-7:45 AM School Year, Paid Daily						\$15.00	\$20.00	Kress Youth Activity Center	
Before School Care 3 Days	6:15-7:45am School Year, Paid Weekly						\$27.50	\$32.50	Kress Youth Activity Center	
Before School Care 4 Days	6:15-7:45am School Year, Paid Weekly						\$30.00	\$35.00	Kress Youth Activity Center	
Before School Care 5 Days	6:15-7:45am School Year, Paid Weekly						\$32.50	\$37.50	Kress Youth Activity Center	
Preschool 2 Days	Runs until 5/22 8AM-11:45AM, Paid Weekly						\$60.00	\$70.00	Kress Youth Activity Center	
Preschool 4 Days	Runs until 5/22 8AM-11:45AM, Paid Weekly						\$110.00	\$120.00	Kress Youth Activity Center	
Preschool Wrap-Around Care 2 Days	Runs 12PM-5:30PM until 5/22, Paid Weekly						\$40.00	\$50.00	Kress Youth Activity Center	
Preschool Wrap-Around Care 4 Days	Runs 12PM-5:30PM until 5/22, Paid Weekly						\$75.00	\$85.00	Kress Youth Activity Center	
After School Care Daily	3-5:30 pm School Year, Paid Weekly						\$25.00	\$35.00	Kress Youth Activity Center	
After School Care 3 Days	3-5:30 pm School Year, Paid Weekly						\$60.00	\$70.00	Kress Youth Activity Center	
After School Care 4 Days	3-5:30 pm School Year, Paid Weekly						\$68.00	\$78.00	Kress Youth Activity Center	
After School Care 5 Days	3-5:30 pm School Year, Paid Weekly						\$72.00	\$82.00	Kress Youth Activity Center	
Half Day Kids Day Out	4-12	Th	11:00 AM	5:30 AM	Oct 23	Oct 23	\$36.00	\$46.00	Kress Youth Activity Center	
Full Day Kids Day Out	4-12	F	6:15 AM	5:30 PM	Oct 24	Oct 24	\$50.00	\$60.00	Kress Youth Activity Center	
Underground-Afterschool-Program	8+ yr	M-Th	3:00 PM	5:00 PM	Sep-3	Jun-5	FREE	FREE	Logan	Underground
Underground-Teen-Hangout	10+	T/Th	5:00 PM	6:00 PM	Sep-3	Jun-5	FREE	FREE	Logan	Underground
Underground-Half-Day	8+	Th	11:00 AM	5:00 PM	Oct-23	Oct-23	FREE	FREE	Logan	Underground
Underground-Full-Day	8+	F	11:00 AM	4:00 PM	Oct-24	Oct-24	FREE	FREE	Logan	Underground
Teen Night	12+	W	6:00 PM	8:00 PM	Sept 24	Sept 24	\$5.00	\$5.00	Logan/Rachel	Underground
Teen Night	12+	Th	6:00 PM	8:00 PM	Oct 23	Oct 23	\$5.00	\$5.00	Logan/Rachel	Underground

PRESCHOOL SWIM LESSONS

CLASS	AGE	DAY	START	END	START	END	NO	MBR.	COMM.	LOCATION
Parent/Child Swim Stage A	0-3	Tue	9:10 AM	9:45 AM	Sep 2	Oct 14		\$33.25	\$66.50	Rec. Pool
Parent/Child Swim Stage B	0-3	Thu	8:15 AM	8:50 AM	Sep 4	Oct 16		\$33.25	\$66.50	Rec. Pool
Preschool Swim Stage 1	3-5	Mon	4:00 PM	4:35 PM	Sep 8	Oct 13		\$28.50	\$57.00	Rec. Pool
Preschool Swim Stage 1	3-5	Tue	8:30 AM	9:05 AM	Sep 2	Oct 14		\$33.25	\$66.50	Rec. Pool
Preschool Swim Stage 1	3-5	Tue	4:40 PM	5:15 PM	Sep 2	Oct 14		\$33.25	\$66.50	Rec. Pool
Preschool Swim Stage 1	3-5	Thu	8:50 AM	9:25 AM	Sep 4	Oct 16		\$33.25	\$66.50	Rec. Pool
Preschool Swim Stage 1	3-5	Thu	5:00 PM	5:35 PM	Sep 4	Oct 16		\$33.25	\$66.50	Rec. Pool
Preschool Swim Stage 2	3-5	Mon	4:45 PM	5:20 PM	Sep 8	Oct 13		\$28.50	\$57.00	Rec. Pool
Preschool Swim Stage 2	3-5	Tue	5:15 PM	5:50 PM	Sep 2	Oct 14		\$33.25	\$66.50	Rec. Pool
Preschool Swim Stage 2	3-5	Thu	5:40 PM	6:15 PM	Sep 4	Oct 16		\$33.25	\$66.50	Rec. Pool
Preschool Swim Stage 3	3-5	Sun	9:00 AM	9:35 AM	Sep 7	Oct 19		\$33.25	\$66.50	Rec. Pool
Preschool Swim Stage 4	3-5	Sun	9:45 AM	10:20 PM	Sep 7	Oct 19		\$33.25	\$66.50	Rec. Pool

YOUTH SWIM LESSONS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	LOCATION
Youth Swim Stage 1	6-12	Sun	9:00 AM	9:35 AM	Sep 7	Oct 19		\$33.25	\$66.50	Rec. Pool
Youth Swim Stage 2	6-12	Sun	9:45 AM	10:20 PM	Sep 7	Oct 19		\$33.25	\$66.50	Rec. Pool
Youth Swim Stage 3	6-12	Wed	4:45 PM	5:20 PM	Sep 3	Oct 15		\$33.25	\$66.50	Rec. Pool
Youth Swim Stage 3	6-12	Wed	5:25 PM	6:00 PM	Sep 3	Oct 15		\$33.25	\$66.50	Rec. Pool
Youth Swim Stage 4	6-12	Wed	4:45 PM	5:20 PM	Sep 3	Oct 15		\$33.25	\$66.50	Rec./Comp. Pool
Youth Swim Stage 4	6-12	Thu	4:30 PM	5:05 PM	Sep 4	Oct 16		\$33.25	\$66.50	Rec./Comp. Pool
Youth Swim Stage 5	6-12	Wed	5:25 PM	6:00 PM	Sep 3	Oct 15		\$33.25	\$66.50	Comp. Pool
Youth Swim Stage 5	6-12	Thu	5:10 PM	5:45 PM	Sep 4	Oct 16		\$33.25	\$66.50	Comp. Pool

COMPETITIVE SWIM TEAM

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	LOCATION
Dolphin Club	6+	M/W	3:45 PM	4:45 PM	Sep 3	Oct 22		\$76.00	\$152.00	Comp. Pool
DCY SWIM Team-Fall Prep Training (Juniors)	6+	M	3:45 PM	5:00 PM	Sep 8	Oct 20		\$33.25	\$66.50	Comp. Pool
DCY SWIM Team-Fall Prep Training (Juniors)	6+	T/Th	3:45 PM	5:00 PM	Sep 2	Oct 23		\$71.25	\$142.50	Comp. Pool
DCY SWIM Team-Fall Prep Training (Junior Elites/Seniors)	6+	M/W	5:15 PM	6:45 PM	Sep 3	Oct 22		\$90.00	\$180.00	Comp. Pool
DCY SWIM Team-Fall Prep Training (Junior Elites/Seniors)	6+	T/Th	5:15 PM	6:45 PM	Sep 2	Oct 23		\$90.00	\$180.00	Comp. Pool

PRIVATE SWIM LESSONS

CLASS		MBR.	COMM.	INST	LOC
Private Swim Lessons	By appointment (price is per person, 4 lessons)	\$100.00	\$150.00	TBA	Rec./Comp.
Semi-Private Swim Lessons	By appointment (price is per person, 4 lessons)	\$80.00	\$130.00	TBA	Rec./Comp.

LIFEGUARD CLASS

CLASS	START	END	START	END	NO CLASS	INST	LOC
Lifeguard Certification Training - <i>MUST attend all class sessions</i>	15+	Check back during Fall 2 Session for a lifeguard certification class			\$325.00	Heidi	Rec./Comp. & Meeting Rm.