



F225 YOUTH PROGRAMS

Fall 2 2025 • October 27 - December 21

Sturgeon Bay Program Center • 920.743.4949
1900 Michigan St. Sturgeon Bay, WI 54235

PRESCHOOL ENRICHMENT

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Kindersports	3-5	Mon	10:00 AM	10:30 AM	Oct 27	Dec 15		\$32.00	\$64.00	nah F./ Becky B.	Gym C
Kindercubs	3-5	Mon	10:15 AM	11:00 AM	Oct 27	Dec 15		\$32.00	\$64.00	Lynn R./Katie R.	Gym Ctr.
Imagination Creation Station	3-5	Tue	9:00 AM	9:45 AM	Oct 28	Dec 16		\$40.00	\$80.00	Katie R./ Becky B.	Underground
Creative Movement	3-5	Tue	10:00 AM	10:30 AM	Oct 28	Dec 16		\$32.00	\$64.00	Elena S./ Hannah F.	Gym Ctr.
Kids in the Kithchen	3-5	Tue	10:45 AM	11:45 AM	Oct 28	Dec 16		\$44.00	\$88.00	Katie R./ Lynn R.	Kitchen
Tippy Toes	3-4	Tue	3:30 PM	4:00 PM	In Session	Dec 16		-	-	Elena S./ Kaitlyn K.	Studio 3
Kindercubs	3-5	Wed	9:00 AM	9:45 AM	Oct 29	Dec 17		\$32.00	\$64.00	Katie R./ Lynn R.	Gym Ctr.
Kids in the Kitchen	3-5	Wed	10:00 AM	11:00 AM	Oct 29	Dec 17		\$44.00	\$88.00	Lynn R./Dori	Kitchen
Tumble Tots	2	Wed	10:00 AM	10:45 AM	Oct 29	Dec 17		\$28.00	\$56.00	Katie R.	Gym Ctr.
PROCESS Art Adventures	3-5	Wed	10:30 AM	11:00 AM	Oct 29	Dec 17		\$40.00	\$80.00	Becky	Underground
Kids Yoga	3-5	Thu	10:00 AM	10:30 AM	Nov 6	Dec 18	Nov 27	\$24.00	\$48.00	Elena S./ Hannah F.	Gym Ctr.
Little Scientists	3-5	Thu	10:45 AM	11:30 AM	Oct 30	Dec 18	Nov 27	\$35.00	\$70.00	Katie R./ Becky B.	Underground

DANCE

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Tippy Toes	3-4	Tues	3:30 PM	4:00 PM	In session	Dec 15	Nov 25	-	-	Elena S./ Kaitlyn K.	Studio 3
Ballet 1	5-7	Tue	4:10 PM	4:40 PM	In session	Dec 15	Nov 25	-	-	Elena S./ Kaitlyn K.	Studio 3
Ballet 2	8+	Tue	4:50 PM	5:35 PM	In session	Dec 15	Nov 25	-	-	Elena S./ Kaitlyn K.	Studio 3
Hip Hop 1	5-7	Thu	4:00 PM	4:30 PM	In session	Dec 18	Nov 27	-	-	Elena S./ Kaitlyn K.	Studio 3
Tap 1	5-7	Thu	4:40 PM	5:10 PM	In session	Dec 18	Nov 27	-	-	Elena S./ Kaitlyn K.	Studio 3
Hip Hop 2	8+	Thu	5:20 PM	5:50 PM	In session	Dec 18	Nov 27	-	-	Elena S./ Kaitlyn K.	Studio 3
Tap 2	8+	Thu	6:00 PM	6:30 PM	In session	Dec 18	Nov 27	-	-	Elena S./ Kaitlyn K.	Studio 3
Dance Rehearsal	-	Wed	5:00 PM	6:30 PM		Dec 17	Dec 17	-	-	Elena S./ Kaitlyn K.	Prince of Peace
Dance Recital	-	Thur	5:30 PM	7:00 PM	Dancers arrive at	Dec 18	Dec 18	-	-	Elena S./ Kaitlyn K.	Prince of Peace

GYMNASTICS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Kindergymnastics	4 to 6	Mon	5:15 PM	6:00 PM	Jan 5	Feb 16		\$38.00	\$74.00	Alexis M.	Gym Ctr.
Kindergymnastics	4 to 6	Wed	4:30 PM	5:15 PM	Oct 29	Dec 17		\$44.00	\$84.00	Stacey B.	Gym Ctr.
Kindergymnastics	4 to 6	Wed	5:15 PM	6:00 PM	Oct 29	Dec 17		\$44.00	\$84.00	Alyssa L.	Gym Ctr.
Pre-Progressive Gymnastics	Invite Only	Mon	3:30 PM	4:15 PM	Oct 27	Dec 15		\$44.00	\$84.00	Stacey B.	Gym Ctr.
Progressive Gymnastics	7 to 13	Mon	4:15 PM	5:00 PM	Oct 27	Dec 15		\$44.00	\$84.00	Stacey B.	Gym Ctr.
Progressive Gymnastics	7 to 13	Wed	3:30 PM	4:15 PM	Oct 29	Dec 17		\$44.00	\$84.00	Stacey B.	Gym Ctr.
Pre-Team	Invite Only	Tue	3:45 PM	4:45 PM	Jan 6	Feb 17		\$58.00	\$86.00	Stacey B. / Nikki P.	Gym Ctr.
Pre-Team	Invite Only	Thu	3:45 PM	4:45 PM	Jan 8	Feb 19		\$58.00	\$86.00	Stacey B. / Nikki P.	Gym Ctr.

COMPETITIVE GYMNASTICS TEAM

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Silver Strivers Team Time	All Team	Tue/Thu	4:45 PM	6:15 PM	Oct 28	Mar 26		\$750.00	--	Nikki P.	Gym Ctr.
Gold/8s Strivers Team Time	All Team	Tue/Thu	6:15 PM	7:45 PM	Oct 28	Mar 26		\$750.00	--	Nikki P.	Gym Ctr.
Gold/8s Strivers Team Time	All Team	Tue	6:15 PM	7:45 PM	Oct 28	Mar 24		\$385.00	--	Nikki P.	Gym Ctr.
Gold/8s Strivers Team Time	All Team	Thu	6:15 PM	7:45 PM	Oct 30	Mar 26		\$370.00	--	Nikki P.	Gym Ctr.
Workout with Gerrit	Invite Only	Mon	3:34 PM	5:15 PM	Oct 27	Mar 23		\$410.00	--	Gerrit D.	Gym Ctr.
Workout with Gerrit	Invite Only	Wed	3:34 PM	5:15 PM	Oct 29	Mar 25		\$390.00	--	Gerrit D.	Gym Ctr.

YOUTH SPORTS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Basketball Skills and Drills	Gr 1st-6th	Mon	3:45 PM	4:45 PM	Oct 27	Dec 15		\$30.00	\$60.00	Paul B.	Gym A/B
Basketball Skills and Drills	Gr 1st-6th	Tue	3:45 PM	4:45 PM	Oct 28	Dec 16		\$30.00	\$60.00	Paul B.	Gym A/B
Intro to Pickleball	Gr 4th-8th	Wed	3:45 PM	4:45 PM	Oct 29	Dec 17		\$30.00	\$60.00	Bonnie R.	Gym A/B
Dodgeball	Gr 1st-6th	Thu	3:45 PM	4:45 PM	Oct 30	Dec 18	Nov 27	\$30.00	\$60.00	Paul B.	Gym A/B
Homeschool PE	5-10 yr	Fri	10:15 AM	11:00 AM	Oct 31	Dec 19	Nov 28	\$24.00	\$48.00	Emma J.	Gym A/B
Homeschool PE	11-17 yr	Fri	11:00 AM	11:45 AM	Oct 31	Dec 19	Nov 28	\$24.00	\$48.00	Emma J.	Gym A/B
Parkour	11-14 yr	Fri	6:00 PM	7:00 PM	Nov 7	Dec 19	Nov 28	\$50.00	\$100.00	Steven B.	Gym Ctr.
Parkour	11-14 yr	Sat	9:30 AM	10:30 AM	Nov 8	Dec 20	Nov 29	\$50.00	\$100.00	Steven B.	Gym Ctr.

SPORTS PERFORMANCE

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Sports Performance Training (Ages 12-17)	12-17	Wed	4:00 PM	5:00 PM	Oct 29	Dec 17		\$52.00	\$104.00	Mike M.	S.P. Field

YOUTH SPECIALTY PROGRAMS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
After School Art	Gr 1st-6th	Tue	3:45 PM	4:45 PM	Oct 28	Dec 16		\$40.00	\$80.00	Becky B.	Underground
Homeschool Art	5-10 yr	Fri	9:15 AM	10:00 AM	Oct 31	Dec 19	Nov 28	\$40.00	\$80.00	Becky B.	Underground
Homeschool Art	11-17 yr	Fri	10:10 AM	10:55 AM	Oct 31	Dec 19	Nov 28	\$40.00	\$80.00	Becky B.	Underground
Homeschool Lunch and Recess	5-10 yr	Fri	11:00 AM	11:45 AM	Oct 31	Dec 19	Nov 28	\$24.00	\$34.00	Becky B.	Outside/ Underground
Homeschool Lunch and Recess	11-17 yr	Fri	11:45 AM	12:30 AM	Oct 31	Dec 19	Nov 28	\$24.00	\$34.00	Becky B.	Outside/ Underground
Mind Flex	Gr 7-9	Fri	5:00 PM	6:45 PM	Nov 14	Nov 14	Nov 28	\$15.00	\$20.00	Becky B.	Studio 3
Mind Flex	Gr 7-9	Fri	5:00 PM	6:45 PM	Dec 12	Dec 12	Nov 28	\$15.00	\$20.00	Becky B.	Studio 3
Private Strings Lessons- 8, 30 minute lessons	Gr 3-12	Please fill out Strings Request Form at front desk						\$200.00	\$240.00	Mid-Summers Music	TBD
Youth In Government	Gr 7-12	Mon	6:30 PM	7:30 PM	Sep 22	Mar 8		\$325.00	\$400.00	Paul B./Colleen	Mtg. Room
Kids in the Kitchen	Gr 1st-6th	Mon	4:00 PM	5:00 PM	Oct 27	Dec 15		\$40.00	\$80.00	Rhian M./ Rachel P.	Program Kitchen
Kids in the Kitchen	Gr 1st-6th	Thu	4:00 PM	5:00 PM	Oct 30	Dec 18	Nov 27	\$40.00	\$80.00	Rhian M.	Program Kitchen
Girls Night Out	Gr 4th-6th	Tue	3:45 PM	4:45 PM	Oct 28th	Dec 16th	Nov 18	\$25.00	\$25.00	Ashley B.	Mtg. Room
Trunk or Treat	All	Fri	4:30 PM	6:00 PM	Oct 24	Oct 24		FREE	FREE	Julia L.	Upper Parking Lot
Super Kids Fun Night - Be Thankful Races	7-12	Fri	5:00 PM	7:00 PM	Nov 21	Nov 21		\$8.00	\$16.00	Julia L.	Pool/Gyms
Mighty Kids- Magic of Christmas	3-6	Fri	5:00 PM	7:00 PM	Dec 19	Dec 19		\$15.00	\$25.00	Ashley B.	Kress Youth Activity Center
Super Kids Fun Night - Magic of Christmas	7-12	Fri	5:00 PM	7:00 PM	Dec 19	Dec 19		\$8.00	\$16.00	Julia L.	Pool/Gyms
Teen Night- Solving Mysteries	12+	Thu	6:00 PM	8:00 PM	Oct 23	Oct 23		\$5.00	\$5.00	Logan	Underground
Teen Night- Nerf Night	12+	Fri	6:00 PM	8:00 PM	Nov 14	Nov 14		\$5.00	\$5.00	Logan	Underground
Teen Night- Christmas Cookie Decorating	12+	Fri	6:00 PM	8:00 PM	Dec 5	Dec 5		\$5.00	\$5.00	Logan	Program Kitchen
Swim Challenge - Swimopoly	9+	More details coming soon Registration ends Jan. 30th			Oct 20	Feb 22		\$25.00	\$25.00	N/A	Comp Pool

KIDS CLUB 2025-2026 SCHOOL YEAR

CLASS								MBR.	COMM.	LOCATION
Before School Care Daily								\$15.00	\$20.00	Kress Youth Activity Center
Before School Care 3 Days								\$27.50	\$32.50	Kress Youth Activity Center
Before School Care 4 Days								\$30.00	\$35.00	Kress Youth Activity Center
Before School Care 5 Days								\$32.50	\$37.50	Kress Youth Activity Center
Preschool 2 Days								\$60.00	\$70.00	Kress Youth Activity Center
Preschool 4 Days								\$110.00	\$120.00	Kress Youth Activity Center
Preschool Wrap-Around Care 2 Days								\$40.00	\$50.00	Kress Youth Activity Center
Preschool Wrap-Around Care 4 Days								\$75.00	\$85.00	Kress Youth Activity Center
After School Care Daily								\$25.00	\$35.00	Kress Youth Activity Center
After School Care 3 Days								\$60.00	\$70.00	Kress Youth Activity Center
After School Care 4 Days								\$68.00	\$78.00	Kress Youth Activity Center
After School Care 5 Days								\$72.00	\$82.00	Kress Youth Activity Center
Half Day Kids Day Out	4-12	Thu	11:00 AM	5:30 AM	Oct 23			\$36.00	\$46.00	Kress Youth Activity Center
Full Day Kids Day Out	4-12	Fri	6:15 AM	5:30 PM	Oct 24			\$50.00	\$60.00	Kress Youth Activity Center
Half Day Kids Day Out	4-12	Fri	11:00 AM	5:30 PM	Nov 7			\$36.00	\$46.00	Kress Youth Activity Center
Christmas Break Kids Club	4-12	M-F	6:15 AM	5:30 PM	Dec 26	Jan 2		\$225.00	\$255.00	Kress Youth Activity Center

PRESCHOOL SWIM LESSONS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	LOCATION
Parent/Child Adaptive Swim	3-12	Sun	8:30 AM	9:05 AM	Nov 9	Dec 21	Nov 30	\$28.50	\$57.00	Rec. Pool
Parent/Child Swim Stage A/B	0-3	Thu	5:15 PM	5:50 PM	Nov 6	Dec 18	Nov 27	\$28.50	\$57.00	Rec. Pool
Preschool Swim Stage 1	3-5	Tue	8:30 AM	9:05 AM	Oct 28	Dec 9		\$33.25	\$66.50	Rec. Pool
Preschool Swim Stage 1	3-5	Tue	9:05 AM	9:40 AM	Oct 28	Dec 9		\$33.25	\$66.50	Rec. Pool
Preschool Swim Stage 1	3-5	Tue	4:40 PM	5:15 PM	Oct 28	Dec 9		\$33.25	\$66.50	Rec. Pool
Preschool Swim Stage 1	3-5	Wed	4:00 PM	4:35 PM	Oct 29	Dec 10		\$33.25	\$66.50	Rec. Pool
Preschool Swim Stage 2	3-5	Tue	5:15 PM	5:50 PM	Oct 28	Dec 9		\$33.25	\$66.50	Rec. Pool
Preschool Swim Stage 2	3-5	Wed	4:45 PM	5:20 PM	Oct 29	Dec 10		\$33.25	\$66.50	Rec. Pool
Preschool Swim Stage 3	3-5	Sun	9:00 AM	9:35 AM	Nov 2	Dec 21	Nov 30	\$33.25	\$66.50	Rec. Pool
Preschool Swim Stage 4	3-5	Sun	9:45 AM	10:20 AM	Nov 2	Dec 21	Nov 30	\$33.25	\$66.50	Rec. Pool

YOUTH SWIM LESSONS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	LOCATION
Parent/Child Adaptive Swim	3-12	Sun	8:30 AM	9:05 AM	Nov 9	Dec 21	Nov 30	\$28.50	\$57.00	Rec. Pool
Youth Swim Stage 1	6-12	Thu	5:00 PM	5:35 PM	Oct 30	Dec 18	Nov 27	\$33.25	\$66.50	Rec. Pool
Youth Swim Stage 2	6-12	Thu	5:40 PM	6:15 PM	Oct 30	Dec 18	Nov 27	\$33.25	\$66.50	Rec. Pool
Youth Swim Stage 3	6-12	Wed	4:45 PM	5:20 PM	Oct 29	Dec 10		\$33.25	\$66.50	Rec. Pool
Youth Swim Stage 3	6-12	Wed	5:25 PM	6:00 PM	Oct 29	Dec 10		\$33.25	\$66.50	Rec. Pool
Youth Swim Stage 4	6-12	Wed	4:45 PM	5:20 PM	Oct 29	Dec 10		\$33.25	\$66.50	Rec. Pool/Comp Pool
Youth Swim Stage 4	6-12	Thu	4:30 PM	5:05 PM	Oct 30	Dec 18	Nov 27	\$33.25	\$66.50	Rec. Pool/Comp Pool
Youth Swim Stage 5	6-12	Wed	5:25 PM	6:00 PM	Oct 29	Dec 10		\$33.25	\$66.50	Competition Pool
Youth Swim Stage 5	6-12	Thu	5:10 PM	5:45 PM	Oct 30	Dec 18	Nov 27	\$33.25	\$66.50	Competition Pool

COMPETITIVE SWIM TEAM

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	LOCATION
Dolphin Club	6+	M/W	3:45 PM	4:45 PM	Oct 27	Dec 17		\$76.00	\$152.00	Comp Pool
DCY SWIM Team (Juniors) 3 day	6+	M/T/TH	3:45 PM	5:00 PM	Oct 27	Mar 20	Nov 27	\$365.00		Comp Pool
DCY SWIM Team-JE/Seniors 3 Day	9+	M/T/TH	5:15 PM	7:00 PM	Oct 27	Mar 20	Nov 27	\$420.00		Comp Pool
DCY SWIM Team-JE/Seniors 4 Day	9+	M-TH	5:15 PM	7:00 PM	Oct 27	Mar 20	Nov 27	\$600.00		Comp Pool
DCY SWIM Team-JE/Seniors 5 Day	9+	M-Th(PM) F (AM)	5:15PM 6:00AM	7:00 PM 7:00AM	Oct 27	Mar 20	Nov 27	\$760.00		Comp Pool

PRIVATE SWIM LESSONS

CLASS		MBR.	COMM.	INST	LOC
Private Swim Lessons	By appointment (price is per person, 4 lessons)	\$100.00	\$150.00	TBA	Rec./Comp.
Semi-Private Swim Lessons	By appointment (price is per person, 4 lessons)	\$80.00	\$130.00	TBA	Rec./Comp.

LIFEGUARD CLASS

CLASS	START	END	START	END	NO CLASS	INST	LOC
Lifeguard Certification Training - <i>MUST attend all class sessions</i>	15+	Monday November 17th - Friday November 21st 5-9pm and Saturday November 22nd 9am-5pm Please set up a time with the Aquatics Director to complete the prerequisite swimming skills prior to the first day of class.			\$325.00	Free Course and Y Membership when you join our Team Heidi	Rec./Comp. & Meeting Rm.