



# W226 YOUTH PROGRAMS

Winter 2 2026 • February 23-April 19

Sturgeon Bay Program Center • 920.743.4949  
1900 Michigan St. Sturgeon Bay, WI 54235

### PRESCHOOL ENRICHMENT

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Kindercubs	3-5 yr	Mon	10:00 AM	10:45 AM	Feb 23	Apr 13		\$32.00	\$64.00	Lynn R./Becky B.	Gym Ctr.
Busy Babies	0-12 mo	Mon	10:00 AM	10:30 AM	Feb 23	Apr 13		\$20.00	\$40.00	Katie	Comm. Rm.
Kindersports	3-5 yr	Mon	10:55 AM	11:25 AM	Feb 23	Apr 13		\$32.00	\$64.00	Katie R./Becky B.	Gym C
Imagination Creation Station	3-5 yr	Tue	9:00 AM	9:45 AM	Feb 24	Apr 14		\$40.00	\$80.00	Becky B./Lynn R.	Underground
Creative Movement	3-5 yr	Tue	10:00 AM	10:30 AM	Feb 24	Apr 14		\$32.00	\$64.00	Katie R./Lynn R.	Gym Ctr.
Kindercubs	3-5 yr	Wed	9:00 AM	9:45 AM	Feb 25	Apr 15		\$32.00	\$64.00	Lynn R./Katie R.	Gym Ctr.
Kids Yoga	3-5 yr	Wed	10:00 AM	10:30 AM	Feb 25	Apr 15		\$32.00	\$64.00	Katie R./Lynn R.	Gym Ctr.
Kids in the Kitchen	3-5 yr	Wed	10:45 AM	11:45 AM	Feb 25	Apr 15		\$40.00	\$80.00	Lynn R./Becky B.	Kitchen
PROCESS Art Adventures	3-5 yr	Thu	9:30 AM	10:00 AM	Feb 26	Apr 16		\$40.00	\$80.00	Becky B.	Underground
Tumble Tots	1-2 yr	Thu	9:30 AM	10:15 AM	Feb 26	Apr 16		\$28.00	\$56.00	Katie R.	Gym Ctr.
Little Scientists	3-5 yr	Thu	10:30 AM	11:15 AM	Feb 26	Apr 16		\$40.00	\$80.00	Katie R./Becky B.	Underground

### DANCE

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MEMBER	COMM.	INST.	LOCATION
Check back Spring Session for Dance classes.											

### GYMNASISTICS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Kindergymnastics	4-6 yr	Mon	2:00 PM	2:45 PM	Feb 23	Apr 13		\$44.00	\$84.00	Stacey B.	Gym Ctr.
Kindergymnastics	4-6 yr	Mon	5:15 PM	6:00 PM	Feb 23	Apr 13		\$44.00	\$84.00	Alexis M.	Gym Ctr.
Kindergymnastics	4-6 yr	Wed	5:15 PM	6:00 PM	Feb 25	Apr 15		\$44.00	\$84.00	Alyssa L.	Gym Ctr.
Pre-Progressive Gymnastics	Invite Only	Mon	6:00 PM	6:45 PM	Feb 23	Apr 13		\$44.00	\$84.00	Stacey B.	Gym Ctr.
Progressive Gymnastics	7-13 yr	Mon	4:15 PM	5:00 PM	Feb 23	Apr 13		\$44.00	\$84.00	Stacey B.	Gym Ctr.
Progressive Gymnastics	7-13 yr	Wed	4:15 PM	5:00 PM	Feb 25	Apr 15		\$44.00	\$84.00	Stacey B.	Gym Ctr.
Progressive Gymnastics	7-13 yr	Thu	3:45 PM	4:30 PM	Feb 26	Apr 16		\$44.00	\$84.00	Daylia S.	Gym Ctr.
Pre-Team	Invite Only	Tue	3:45 PM	4:45 PM	Feb 24	Apr 14		\$66.00	\$98.00	Stacey B. / Nikki P.	Gym Ctr.
Pre-Team	Invite Only	Thu	3:45 PM	4:45 PM	Feb 26	Apr 16		\$66.00	\$98.00	Stacey B. / Nikki P.	Gym Ctr.

### COMPETITIVE GYMNASTICS TEAM

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Strivers Team Time - All Levels	All Team	Tue	5:00 PM	6:30 PM	Mar 31	Apr 14		\$56.00	--	Nikki P.	Gym Ctr.
Strivers Team Time - All Levels	All Team	Thu	5:00 PM	6:30 PM	Apr 2	Apr 16		\$56.00	--	Nikki P.	Gym Ctr.
Workout with Gerrit	Invite Only	Mon	3:34 PM	5:15 PM	Mar 30	Apr 13		\$56.00	--	Gerrit D.	Gym Ctr.
Workout with Gerrit	Invite Only	Wed	3:34 PM	5:15 PM	Apr 1	Apr 15		\$56.00	--	Gerrit D.	Gym Ctr.

### YOUTH SPORTS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Soccer Skills and Drills	Gr 1st-6th	Mon	3:45 PM	4:45 PM	Feb 23	Apr 13		\$30.00	\$60.00	Paul B./Landon J.	Gym A/B
Soccer Skills and Drills	Gr 1st-6th	Tue	3:45 PM	4:45 PM	Feb 24	Apr 14		\$30.00	\$60.00	Paul B./Landon J.	Gym A/B
Gaga Ball	Gr 1st-6th	Wed	3:45 PM	4:45 PM	Feb 25	Apr 15		\$30.00	\$60.00	Paul B./Landon J.	Gym A/B
Dodgeball	Gr 1st-6th	Thu	3:45 PM	4:45 PM	Feb 26	Apr 16		\$30.00	\$60.00	Paul B./Landon J.	Gym A/B
Homeschool PE	5-10 yr	Fri	10:15 AM	11:00 AM	Feb 27	Apr 17		\$24.00	\$48.00	Lynn R./Katie R.	Gym A/B
Homeschool PE	11-17 yr	Fri	11:00 AM	11:45 AM	Feb 27	Apr 17		\$24.00	\$48.00	Lynn R./Katie R.	Gym A/B
Saturday Soccer	4k-5k	Sat	9:00 AM	9:45 AM	Feb 28	Apr 18	Mar 7 Apr 4	\$30.00	\$60.00	Paul B./Landon J.	Gym A/B
Saturday Soccer	1st-2nd	Sat	10:00 AM	10:55 AM	Feb 28	Apr 18	Mar 7 Apr 4	\$30.00	\$60.00	Paul B./Landon J.	Gym A/B
Saturday Soccer	3rd-6th	Sat	11:00 AM	11:55 AM	Feb 28	Apr 18	Mar 7 Apr 4	\$30.00	\$60.00	Paul B./Landon J.	Gym A/B
Parkour	8-14 yr	Wed	6:15 PM	7:15 PM	Feb 25	Apr 15		\$50.00	\$100.00	Steven B.	Gym Ctr.
Parkour	8-14 yr	Fri	6:00 PM	7:00 PM	Feb 27	Apr 17	Apr 3	\$50.00	\$100.00	Steven B.	Gym Ctr.

### SPORTS PERFORMANCE

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Sports Performance Training (Ages 12-17)	12-17 Yr	Mon	4:00 PM	5:00 PM	Feb 23	Apr 13		\$52.00	\$104.00	Mike M./ Scott G.	S.P. Field
Sports Performance Training (Ages 12-17)	12-17 yr	Wed	4:00 PM	5:00 PM	Feb 25	Apr 15		\$52.00	\$104.00	Mike M./ Scott G.	S.P. Field

**YOUTH SPECIALTY PROGRAMS**

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Art Studio Sessions: Paper Mâché Party	8-13 yr	Tue	4:00 PM	5:00 PM	Feb 24	Apr 14	Mar 31	\$40.00	\$80.00	Becky B.	Underground
Homeschool Art	5-10 yr	Fri	9:15 AM	10:00 AM	Feb 27	Apr 17	Apr 3	\$40.00	\$80.00	Becky B.	Underground
Homeschool Art	11-17 yr	Fri	10:10 AM	10:55 AM	Feb 27	Apr 17	Apr 3	\$40.00	\$80.00	Becky B.	Underground
Homeschool Lunch and Recess	5-10 yr	Fri	11:00 AM	11:45 AM	Feb 27	Apr 17	Apr 3	\$24.00	\$34.00	Becky B.	Outside/ Underground
Homeschool Lunch and Recess	11-17 yr	Fri	11:45 AM	12:30 AM	Feb 27	Apr 17	Apr 3	\$24.00	\$34.00	Becky B.	Outside/ Underground
Homeschool Swim Lessons	5-7 yr	Tue	1:00 PM	1:35 PM	Feb 24	Apr 14		\$33.25	\$66.50	Staff	Rec Pool
Homeschool Swim Lessons	8-12 yr	Tue	1:40 PM	2:15 PM	Feb 24	Apr 14		\$33.25	\$66.50	Staff	Rec Pool
Door County YMCA's First Annual Spring Fling Semi Formal Dance	Gr 6-9	Fri	6:00 PM	8:00 PM	Apr 10	Apr 10		\$5.00	\$10.00	Becky B.	Studio 2/3
Private Strings Lessons- 8, 30 minute lessons	Gr 3-12	Please fill out Strings Request Form at front desk						\$240.00	\$240.00	Mid-Summers Music	TBD
Youth In Government	Gr 7-12	Mon	6:30 PM	7:30 PM	Sep 22	Mar 8		\$325.00	\$400.00	Paul B./Colleen	Mtg. Room
Kids in the Kitchen	Gr 1st-6th	Mon	4:00 PM	5:00 PM	Feb 23	Apr 13		\$40.00	\$80.00	Rhian M.	Program Kitchen
Kids in the Kitchen	Gr 1st-6th	Thu	4:00 PM	5:00 PM	Feb 26	Apr 16		\$40.00	\$80.00	Rhian M.	Program Kitchen
Super Kids Fun Night - Love is in the Air	7-12 yr	Fri	5:00 PM	7:00 PM	Feb 20	Feb 20		\$8.00	\$16.00	Julia L.	Pool/Gyms
Super Kids Fun Night - Spring is Here!	7-12 yr	Fri	5:00 PM	7:00 PM	Mar 20	Mar 20		\$8.00	\$16.00	Julia L.	Pool/Gyms
Super Kids Fun Night - Earth Day	7-12 yr	Fri	5:00 PM	7:00 PM	Apr 17	Apr 17		\$8.00	\$16.00	Julia L.	Pool/Gyms
Mighty Kids- Love is in the Air	3-6 yr	Fri	5:00 PM	7:00 PM	Feb 20	Feb 20		\$15.00	\$25.00	Ashley B.	Underground
Mighty Kids- Spring is Here!	3-6 yr	Fri	5:00 PM	7:00 PM	Mar 20	Mar 20		\$15.00	\$25.00	Ashley B.	Underground
Mighty Kids- Earth Day	3-6 yr	Fri	5:00 PM	7:00 PM	Apr 17	Apr 17		\$15.00	\$25.00	Ashley B.	Underground
Incredible Kids - Love is in the Air	Birth -2 yr	Fri	5:00 PM	7:00 PM	Feb 20	Feb 20		\$15.00	\$25.00	Dori M.	Kidcare
Girls Night Out- Paint and Pizza	Gr 3-6	Thu	5:00 PM	6:30 PM	Mar 12	Mar 12		\$10.00	\$10.00	Erin G.	Comm. Rm.
Girls Night Out- Yoga and Nails	Gr 3-6	Thu	5:00 PM	6:30 PM	Apr 30	Apr 30		\$10.00	\$10.00	Erin G.	Comm. Rm.
Teen Night- Badminton	12+ yr	Fri	6:00 PM	8:00 PM	Feb 27	Feb 27		\$5.00	\$5.00	Erin G.	Underground
Teen Night-Bracket Bites	12+ yr	Fri	6:00 PM	8:00 PM	Mar 27	Mar 27		\$10.00	\$10.00	Erin G.	Underground
Teen Night- Paint and Pizza	12+	Fri	6:00 PM	8:00 PM	Apr 24	Apr 24		\$10.00	\$10.00	Erin G.	Underground
Father Daughter Ball		Sat	6:00 PM	8:00 PM	Apr 11	Apr 11		\$40.00	\$40.00	Julia L.	Gyms A/B, C
Swim Challenge - Swimopoly	9+ yr	Swim you way around our swimopoly board with either beginner or advanced sets available. More information will be provided upon registration or at the welcome center.			Feb 23	Jun 5		\$25.00	\$25.00	N/A	Comp Pool

**KIDS CLUB 2025-2026 SCHOOL YEAR**

CLASS	MBR.	COMM.	LOCATION
Before School Care Daily	\$15.00	\$20.00	Kress Youth Activity Center
Before School Care 3 Days	\$27.50	\$32.50	Kress Youth Activity Center
Before School Care 4 Days	\$30.00	\$35.00	Kress Youth Activity Center
Before School Care 5 Days	\$32.50	\$37.50	Kress Youth Activity Center
Preschool 2 Days	\$60.00	\$70.00	Kress Youth Activity Center
Preschool 4 Days	\$110.00	\$120.00	Kress Youth Activity Center
Preschool Wrap-Around Care 2 Days	\$40.00	\$50.00	Kress Youth Activity Center
Preschool Wrap-Around Care 4 Days	\$75.00	\$85.00	Kress Youth Activity Center
After School Care Daily	\$25.00	\$35.00	Kress Youth Activity Center
After School Care 3 Days	\$60.00	\$70.00	Kress Youth Activity Center
After School Care 4 Days	\$68.00	\$78.00	Kress Youth Activity Center
After School Care 5 Days	\$72.00	\$82.00	Kress Youth Activity Center
Full Day Kids Day Out	\$50.00	\$60.00	Kress Youth Activity Center
Half Day Kids Day Out	\$36.00	\$46.00	Kress Youth Activity Center
Full Day Kids Day Out	\$50.00	\$60.00	Kress Youth Activity Center
Kids Day Out	\$150.00	\$180.00	Kress Youth Activity Center
Half Day Kids Day Out	\$36.00	\$46.00	Kress Youth Activity Center
Spring Break Kids Club	\$225.00	\$255.00	Kress Youth Activity Center

**PRESCHOOL SWIM LESSONS**

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	LOCATION
Parent/Child Swim Stage B	0-3 yr	Sat	9:00 AM	9:35 AM	Feb 28	Apr 18	Apr 4	\$33.25	\$66.50	Rec. Pool
Preschool Swim Stage 1	3-5 yr	Tue	4:40 PM	5:15 PM	Feb 24	Apr 7		\$33.25	\$66.50	Rec. Pool
Preschool Swim Stage 1	3-5 yr	Wed	10:20 AM	10:55 PM	Feb 25	Apr 8	Mar 25	\$33.25	\$66.50	Rec. Pool
Preschool Swim Stage 1	3-5 yr	Wed	4:00 PM	4:35 PM	Feb 25	Apr 15	Mar 25	\$33.25	\$66.50	Rec. Pool
Preschool Swim Stage 1	3-5 yr	Fri	9:15 AM	9:50 AM	Feb 27	Apr 17	Apr 3	\$33.25	\$66.50	Rec. Pool
Preschool Swim Stage 2	3-5 yr	Tue	5:15 PM	5:50 PM	Feb 24	Apr 7		\$33.25	\$66.50	Rec. Pool
Preschool Swim Stage 2	3-5 yr	Wed	4:45 PM	5:20 PM	Feb 25	Apr 15	Mar 25	\$33.25	\$66.50	Rec. Pool
Preschool Swim Stage 3	3-5 yr	Tue	5:15 PM	5:50 PM	Feb 24	Apr 7		\$33.25	\$66.50	Rec. Pool
Preschool Swim Stage 4	3-5 yr	Wed	9:40 AM	10:15 AM	Feb 25	Apr 8		\$33.25	\$66.50	Rec. Pool

**YOUTH SWIM LESSONS**

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	LOCATION
Youth Swim Stage 1	6-12 yr	Wed	9:00 AM	9:35 AM	Feb 25	Apr 8		\$33.25	\$66.50	Rec. Pool
Youth Swim Stage 1	6-12 yr	Thu	5:00 PM	5:35 PM	Feb 26	Apr 9		\$33.25	\$66.50	Rec. Pool
Youth Swim Stage 2	6-12 yr	Thu	4:45 PM	5:20 PM	Feb 26	Apr 9		\$33.25	\$66.50	Rec. Pool
Youth Swim Stage 2	6-12 yr	Thu	5:40 PM	6:15 PM	Feb 26	Apr 9		\$33.25	\$66.50	Rec. Pool
Youth Swim Stage 3	6-12 yr	Wed	4:45 PM	5:20 PM	Feb 25	Apr 8		\$33.25	\$66.50	Rec. Pool
Youth Swim Stage 3	6-12 yr	Wed	5:25 PM	6:00 PM	Feb 25	Apr 8		\$33.25	\$66.50	Rec. Pool
Youth Swim Stage 4	6-12 yr	Wed	5:25 PM	6:00 PM	Feb 25	Apr 8		\$33.25	\$66.50	Rec. Pool/Comp Pool
Youth Swim Stage 4	6-12 yr	Thu	4:30 PM	5:05 PM	Feb 26	Apr 9		\$33.25	\$66.50	Rec. Pool/Comp Pool
Youth Swim Stage 5	6-12 yr	Wed	4:45 PM	5:20 PM	Feb 25	Apr 8		\$33.25	\$66.50	Competition Pool
Youth Swim Stage 5	6-12 yr	Thu	5:10 PM	5:45 PM	Feb 26	Apr 9		\$33.25	\$66.50	Competition Pool
Homeschool Swim Lessons	5-7 yr	Tue	1:00 PM	1:35 PM	Feb 24	Apr 14		\$33.25	\$66.50	Rec. Pool
Homeschool Swim Lessons	8-12 yr	Tue	1:40 PM	2:15 PM	Feb 24	Apr 14		\$33.25	\$66.50	Rec. Pool/Comp Pool

**COMPETITIVE SWIM TEAM**

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	LOCATION
Dolphin Club	6+	M/W	3:45 PM	4:45 PM	Feb 23	Apr 15		\$76.00	\$152.00	Comp Pool
DCY SWIM Team (Juniors)3 day	6+	M/T/TH	3:45 PM	5:00 PM	Oct 27	Mar 20		\$365.00	---	Comp Pool
DCY SWIM Team-JE/Seniors 3 Day	9+	M/T/TH	5:15 PM	7:00 PM	Oct 27	Mar 20		\$420.00	---	Comp Pool
DCY SWIM Team-JE/Seniors 4 Day	9+	M-TH	5:15 PM	7:00 PM	Oct 27	Mar 20		\$600.00	---	Comp Pool
DCY SWIM Team-JE/Seniors 5 Day	9+	M-Th(PM) F (AM)	5:15PM 6:00AM	7:00 PM 7:00AM	Oct 27	Mar 20		\$760.00	---	Comp Pool

**PRIVATE SWIM LESSONS**

CLASS	MBR.	COMM.	INST	LOC
Private Swim Lessons			By appointment (price is per person, 4 lessons)	\$100.00 \$150.00 TBA Rec./Comp.
Semi-Private Swim Lessons			By appointment (price is per person, 4 lessons)	\$80.00 \$130.00 TBA Rec./Comp.

**LIFEGUARD CLASS**

CLASS	START	END	START	END	NO CLASS	INST	LOC
Lifeguard Certification Training - <i>MUST attend all class sessions</i>	15+ yr	Tuesday Nights 5-9pm for 7 weeks March 3rd - April 14th Please set up a time with the Aquatics Director to complete the prerequisite swimming skills prior to the first day of class.				\$325.00	Free Course and Y Membership when you join our Team Heidi Rec./Comp. & Meeting Rm.
Lifeguard Certification Training - <i>MUST attend all class sessions</i>	15+ yr	Thursday March 12th - Sunday March 15th Thursday and Friday 4-9pm Saturday and Sunday 8am-5pm Please set up a time with the Aquatics Director to complete the prerequisite swimming skills prior to the first day of class.				\$325.00	Free Course and Y Membership when you join our Team Heidi Rec./Comp. & Meeting Rm.
Lifeguard Certification Training - <i>MUST attend all class sessions</i>	15+ yr	Monday May 18th - Friday May 22nd 4-8pm and Saturday May 23rd 9am-5pm Please set up a time with the Aquatics Director to complete the prerequisite swimming skills prior to the first day of class.				\$325.00	Free Course and Y Membership when you join our Team Heidi Rec./Comp. & Meeting Rm.
Lifeguard Recertification Training	17+ yr	Saturday February 28th 8am-5:30pm Online blended learning and in person skills				\$150.00	Free Course and Y Membership when you join our Team Heidi Rec./Comp. & Meeting Rm.
Lifeguard Recertification Training	17+ yr	Saturday April 18th 8am-5:30pm Online blended learning and in person skills				\$150.00	Free Course and Y Membership when you join our Team Heidi Rec./Comp. & Meeting Rm.