



F126 YOUTH PROGRAMS

Fall 1 2026 • August 31-October 25

Sturgeon Bay Program Center • 920.743.4949
1900 Michigan St. Sturgeon Bay, WI 54235

PRESCHOOL ENRICHMENTS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	Member	COMM.	INST	LOC
Tiny Tumblers	1 yr	Mon	9:15 AM	9:45 AM	Aug 31	Oct 19	Sep 7	\$20.00	\$40.00	Katie R.	Gym CTR
Kindercubs	3-5 yr	Mon	10:00 AM	10:45 AM	Aug 31	Oct 19	Sep 7	\$32.00	\$64.00	Katie R./Lynn R.	Gym CTR
Imagination Creation Station	3-5 yr	Tue	9:30 AM	10:15 AM	Sep 1	Oct 13		\$40.00	\$80.00	Becky B./Katie R.	Underground
Tumble Tots	2 yr	Wed	9:00 AM	9:45 AM	Sep 2	Oct 21		\$28.00	\$56.00	Katie R.	Gym CTR
Kindersports	3-5 yr	Wed	10:00 AM	10:30 AM	Sep 2	Oct 21		\$32.00	\$64.00	Katie R./Becky B.	Gym CTR
Little Scientists	3-5 yr	Thu	9:00 AM	9:45 AM	Sep 3	Oct 22		\$40.00	\$80.00	Katie R./Becky B.	Underground
Kids in the Kitchen	3-5 yr	Thu	10:30 AM	11:30 AM	Sep 3	Oct 22		\$40.00	\$80.00	Lynn R./Becky B.	Kitchen
Tippy Toes	3-4 yr	Thu	4:00 PM	4:30 PM	Sep 3	Oct 22		\$40.00	\$80.00	Kathleen D.	Studio 3

DANCE

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MEMBER	COMM.	INST.	LOCATION
Tippy Toes	3-4 yr	Thu	4:00 PM	4:30 PM	Sep 3	Oct 22		\$40.00	\$80.00	Kathleen D.	Studio 3
Hip Hop 1	5-7 yr	Thu	4:40 PM	5:10 PM	Sep 3	Oct 22		\$40.00	\$80.00	Kathleen D.	Studio 3
Hip Hop 2	8+	Thu	5:20 PM	5:50 PM	Sep 3	Oct 22		\$40.00	\$80.00	Kathleen D.	Studio 3

GYMNASTICS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Kindergymnastics	4-6 yr	Mon	5:15 PM	6:00 PM	Aug 31	Oct 19	Sep 7	\$44.00	\$84.00	Nikki P.	Gym Ctr.
Progressive Gymnastics	7-13 yr	Tue	3:30 PM	4:15 PM	Sep 1	Oct 20		\$44.00	\$84.00	Nikki P.	Gym Ctr.
Progressive Gymnastics	7-13 yr	Wed	4:45 PM	5:30 PM	Sep 2	Oct 21		\$44.00	\$84.00	Nikki P.	Gym Ctr.
Progressive Gymnastics	7-13 yr	Wed	5:30 PM	6:15 PM	Sep 2	Oct 21		\$44.00	\$84.00	Nikki P.	Gym Ctr.
Progressive Gymnastics	7-13 yr	Thu	3:30 PM	4:15 PM	Sep 3	Oct 22		\$44.00	\$84.00	Nikki P.	Gym Ctr.
Pre - Team	Invite Only	Tue	4:15 PM	5:15 PM	Sep 1	Oct 20		\$66.00	\$98.00	Nikki P.	Gym Ctr.
Pre - Team	Invite Only	Thu	4:15 PM	5:15 PM	Sep 3	Oct 22		\$66.00	\$98.00	Nikki P.	Gym Ctr.

COMPETITIVE GYMNASTICS TEAM

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Workout with Gerrit	Invite Only	Mon	3:30 PM	5:15 PM	Aug 31	Oct 19	Sep 7	\$120.00	--	Gerrit D.	Gym Ctr.
Workout with Gerrit	Invite Only	Wed	3:30 PM	5:15 PM	Sep 2	Oct 21		\$120.00	--	Gerrit D.	Gym Ctr.
Silver Strivers Team Time	All Team	Tue	5:15 PM	6:30 PM	Sep 1	Oct 20		\$120.00	--	Nikki P.	Gym Ctr.
Silver Strivers Team Time	All Team	Thu	5:15 PM	6:30 PM	Sep 3	Oct 22		\$120.00	--	Nikki P.	Gym Ctr.
Gold/8's Strivers Team Time	All Team	Tue	6:30 PM	7:45 PM	Sep 1	Oct 20		\$120.00	--	Nikki P.	Gym Ctr.
Gold/8's Strivers Team Time	All Team	Thu	6:30 PM	7:45 PM	Sep 3	Oct 22		\$120.00	--	Nikki P.	Gym Ctr.

YOUTH SPORTS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Flag Football Practice	Gr 1st-6th	Mon	3:45 PM	4:45 PM	Aug 31	Oct 19	Sep 7	\$32.50	\$65.00	Paul B.	Peterson Park
Flag Football Practice	Gr 1st-6th	Tue	3:45 PM	4:45 PM	Sep 1	Oct 20		\$32.50	\$65.00	Paul B.	Peterson Park
Gaga Ball	Gr 1st-6th	Wed	3:45 PM	4:45 PM	Sep 2	Oct 21		\$32.50	\$65.00	Paul B.	Gym A/B
Dodgeball	Gr 1st-6th	Thu	3:45 PM	4:45 PM	Sep 3	Oct 22		\$32.50	\$65.00	Paul B.	Gym A/B
Saturday Flag Football	Gr 4k- 5k	Sat	9:00 AM	9:45 AM	Sep 5	Oct 24		\$50.00	\$100.00	Paul B.	Sturgeon Bay High School
Saturday Flag Football	Gr 1st-2nd	Sat	10:00 AM	10:55 AM	Sep 5	Oct 24		\$50.00	\$100.00	Paul B.	Sturgeon Bay High School
Saturday Flag Football	Gr 3rd- 6th	Sat	11:00 AM	11:55 AM	Sep 5	Oct 24		\$50.00	\$100.00	Paul B.	Sturgeon Bay High School
Parkour in the Park	14-18 yr	Thu	5:30 PM	6:30 PM	Sep 3	Oct 22		\$50.00	\$100.00	Steven B.	Peterson Park
Parkour in the Park	8-13 yr	Tue	5:30 PM	6:30 PM	Sep 1	Oct 20		\$50.00	\$100.00	Steven B.	Peterson Park

HOMESCHOOL PROGRAMS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Teen Collab Lab	13-18 yr	Tue	1:00 PM	2:00 PM	Sep 1	Oct 20		\$50.00	\$100.00	Becky B.	Underground
								Free with registration of another homeschool program	Free with registration of another homeschool program		
Teen Social Snack Hour	13-18 yr	Tue	2:00 PM	2:30 PM	Sep 1	Oct 20				Becky B.	Underground
Wellness Center Workout with Matt	13-18 yr	Tue	2:30 PM	3:00 PM	Sep 1	Oct 20		\$24.00	\$48.00	Matt O.	Wellness CTR
Young Artists	4-8 yr	Fri	9:00 AM	9:45 AM	Sep 4	Oct 23		\$50.00	\$100.00	Becky B./Katie R.	Underground
								Free with registration of another homeschool program	Free with registration of another homeschool program		
Social Snack Hour	4-13 yr	Fri	9:45 AM	10:15 AM	Sep 4	Oct 23				Becky B.	Underground
Studio Artists	9-13 yr	Fri	10:20 AM	11:05 AM	Sep 4	Oct 23		\$50.00	\$100.00	Becky B.	Underground

Homeschool PE	4-8 yr	Fri	10:20 AM	11:05 AM	Sep 4	Oct 23		\$24.00	\$48.00	Katie R.	Gym A/B
Homeschool PE	9-13 yr	Fri	11:10 AM	11:55 AM	Sep 4	Oct 23		\$24.00	\$48.00	Katie R./Becky B.	Gym A/B

SPORTS PERFORMANCE TRAINING

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Sports Performance Training (Ages 12-17)	12-17 yr	Wed	4:00 PM	5:00 PM	Sep 2	Oct 21		\$52.00	\$104.00	Mike M./ Scott G.	S.P. Field

YOUTH SPECIALTY PROGRAMS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	INST	LOC
Art Studio Sessions: Cardboard Creatures	8-13 yr	Tue	4:00 PM	5:00 PM	Sep 1	Oct 20	Oct 13	\$50.00	\$100.00	Becky B.	Underground
Private Strings Lessons- 8, 30 minute lessons	Gr 3-12	Please fill out Strings Request Form at front desk						\$240.00	\$240.00	Mid-Summers Music	TBD
Youth in Government	Gr 7-12	Mon	6:30 PM	7:30 PM	Sep 21	Mar 7		\$325.00	\$400.00	Colleen/ Paul B.	Mtg. Room
Mighty Kids- Glow Up Back to School Bash	3-6 yr	Fri	5:00 PM	7:00 PM	Sep 18	Sep 18		\$15.00	\$30.00	Ashley B./Erinn W.	Underground
Super Kids-Glow Up Back to School Bash	7-12 yr	Fri	5:00 PM	7:00 PM	Sep 18	Sep 18		\$10.00	\$20.00	Ashley B.	Pool/Gyms
Teen Night- Fall Trivia	12-18 yr	Fri	6:00 PM	7:30 PM	Oct 9	Oct 9		\$5.00	\$10.00	Erin G.	Underground
Mighty Kids- Fall Fest	3-6 yr	Fri	5:00 PM	7:00 PM	Oct 16	Oct 16		\$15.00	\$30.00	Ashley B./Erinn W.	Underground
Super Kids- Fall Fest	7-12 yr	Fri	5:00 PM	7:00 PM	Oct 16	Oct 16		\$10.00	\$20.00	Ashley B.	Pool/Gyms
Girls Night Out- Painting Pumpkins	Gr 3-6	Thu	6:00 PM	7:00 PM	Oct 22	Oct 22		\$10.00	\$20.00	Erin G.	Underground
Trunk or Treat	All	Fri	4:30 PM	6:30 PM	Oct 30	Oct 30		FREE	FREE	Ashley B./Erinn W.	Upper Parking Lot

KIDS CLUB 2026-2027 SCHOOL YEAR

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	LOCATION
Before School Care Daily			6:15-7:45 AM School Year, Paid Daily					\$13.00	\$18.00	Kress Youth Activity Center
Before School Care 3 Days			6:15-7:45am School Year, Paid Weekly					\$32.50	\$37.50	Kress Youth Activity Center
Before School Care 4 Days			6:15-7:45am School Year, Paid Weekly					\$35.00	\$40.00	Kress Youth Activity Center
Before School Care 5 Days			6:15-7:45am School Year, Paid Weekly					\$42.50	\$37.50	Kress Youth Activity Center
Preschool Before School 2 Days			6:15-8AM Runs until 5/20, Paid Weekly					\$25.00	\$30.00	Kress Youth Activity Center
Preschool Before School 4 Days			6:15-8AM Runs until 5/20, Paid Weekly					\$35.00	\$40.00	Kress Youth Activity Center
Preschool 2 Days			Runs until 5/20 8AM-11:45AM, Paid Weekly					\$65.00	\$75.00	Kress Youth Activity Center
Preschool 4 Days			Runs until 5/20 8AM-11:45AM, Paid Weekly					\$110.00	\$120.00	Kress Youth Activity Center
Get Kids Ready (Must be 4 by 09/01/2026)			Runs until 5/20 8AM-11:45AM, Must attend 3 or 4 Days					\$0.00	\$0.00	Kress Youth Activity Center
Preschool Wrap-Around Care 2 Days			Runs 12PM-5:30PM until 5/20, Paid Weekly					\$45.00	\$55.00	Kress Youth Activity Center
Preschool Wrap-Around Care 4 Days			Runs 12PM-5:30PM until 5/20, Paid Weekly					\$75.00	\$85.00	Kress Youth Activity Center
After School Care Daily			3-5:30 pm School Year, Paid Weekly					\$25.00	\$30.00	Kress Youth Activity Center
After School Care 3 Days			3-5:30 pm School Year, Paid Weekly					\$67.00	\$77.00	Kress Youth Activity Center
After School Care 4 Days			3-5:30 pm School Year, Paid Weekly					\$72.00	\$82.00	Kress Youth Activity Center
After School Care 5 Days			3-5:30 pm School Year, Paid Weekly					\$77.00	\$87.00	Kress Youth Activity Center
Half Day Kids Day Out	4-12 yr	Th	11:00 AM	5:30 AM	Oct 22	Oct 22		\$40.00	\$50.00	Kress Youth Activity Center
Full Day Kids Day Out	4-12 yr	F	6:15 AM	5:30 PM	Oct 23	Oct 23		\$57.00	\$67.00	Kress Youth Activity Center

PRESCHOOL SWIM LESSONS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	LOCATION
Parent/Child Swim Stage A/B	6 mo-3 yr	Tue	10:00 AM	10:35 AM	Sep 1	Oct 13		\$35.00	\$70.00	Rec. Pool
Parent/Child Swim Stage A/B	6 mo-3 yr	Thur	3:45 PM	4:20 PM	Sep 3	Oct 15		\$35.00	\$70.00	Rec. Pool
Preschool Swim Stage 1	3-5 yr	Mon	4:00 PM	4:35 PM	Aug 31	Oct 12	Sep 7	\$35.00	\$70.00	Rec. Pool
Preschool Swim Stage 1/2	3-5 yr	Tue	9:20 AM	9:55 AM	Sep 1	Oct 13		\$35.00	\$70.00	Rec. Pool
Preschool Swim Stage 1	3-5 yr	Tue	4:40 PM	5:15 PM	Sep 1	Oct 13		\$35.00	\$70.00	Rec. Pool
Preschool Swim Stage 1	3-5 yr	Wed	4:30 PM	5:05 PM	Sep 2	Oct 14		\$35.00	\$70.00	Rec. Pool
Preschool Swim Stage 1	3-5 yr	Thur	4:25 PM	5:00 PM	Sep 3	Oct 15		\$35.00	\$70.00	Rec. Pool
Preschool Swim Stage 2	3-5 yr	Mon	4:45 PM	5:20 PM	Aug 31	Oct 12	Sep 7	\$35.00	\$70.00	Rec. Pool
Preschool Swim Stage 2	3-5 yr	Tue	5:20 PM	5:55 PM	Sep 1	Oct 13		\$35.00	\$70.00	Rec. Pool
Preschool Swim Stage 2	3-5 yr	Thur	3:45 PM	4:20 PM	Sep 3	Oct 15		\$35.00	\$70.00	Rec. Pool
Preschool Swim Stage 3	3-5 yr	Tue	4:25 PM	5:00 PM	Sep 1	Oct 13		\$35.00	\$70.00	Rec. Pool
Preschool Swim Stage 4	3-5 yr	Tue	5:05 PM	5:40 PM	Sep 1	Oct 13		\$35.00	\$70.00	Rec. Pool
Preschool Swim Stage 3/4	3-5 yr	Wed	4:05 PM	4:40 PM	Sep 2	Oct 14		\$35.00	\$70.00	Rec. Pool

YOUTH SWIM LESSONS

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	LOCATION
Youth Swim Stage 1	6-12 yr	Mon	5:00 PM	5:35 PM	Aug 31	Oct 12	Sep 7	\$35.00	\$70.00	Rec. Pool
Youth Swim Stage 1	6-12 yr	Wed	5:25 PM	6:00 PM	Sep 2	Oct 14		\$35.00	\$70.00	Rec. Pool
Youth Swim Stage 2	6-12 yr	Mon	4:20 PM	4:55 PM	Aug 31	Oct 12	Sep 7	\$35.00	\$70.00	Rec. Pool
Youth Swim Stage 2	6-12 yr	Wed	4:45 PM	5:20 PM	Sep 2	Oct 14		\$35.00	\$70.00	Rec. Pool
Youth Swim Stage 2	6-12 yr	Wed	5:25 PM	6:00 PM	Sep 2	Oct 14		\$35.00	\$70.00	Rec. Pool
Youth Swim Stage 2	6-12 yr	Fri	5:10 PM	5:45 PM	Sep 4	Oct 16		\$35.00	\$70.00	Rec. Pool
Youth Swim Stage 3	6-12 yr	Mon	5:40 PM	6:15 PM	Aug 31	Oct 12	Sep 7	\$35.00	\$70.00	Rec. Pool
Youth Swim Stage 3	6-12 yr	Wed	4:45 PM	5:20 PM	Sep 2	Oct 14		\$35.00	\$70.00	Rec. Pool
Youth Swim Stage 3	6-12 yr	Thur	4:25 PM	5:00 PM	Sep 3	Oct 15		\$35.00	\$70.00	Rec. Pool
Youth Swim Stage 4/5	6-12 yr	Wed	5:40 PM	6:15 PM	Sep 2	Oct 16		\$35.00	\$70.00	Rec. Pool
Youth Swim Stage 4/5	6-12 yr	Wed	5:00 PM	5:35 PM	Sep 2	Oct 14		\$35.00	\$70.00	Rec. Pool
Youth Swim Stage 4/5	6-12 yr	Fri	4:30 PM	5:05 PM	Sep 4	Oct 16		\$35.00	\$70.00	Rec. Pool/ Comp Pool
Adult Swim	16+ yr	Tue	3:45 PM	4:20 PM	Sep 1	Oct 13		\$35.00	\$70.00	Comp Pool/ Rec. Pool
Adult Swim	16+ yr	Wed	9:00 AM	9:35 AM	Sep 2	Oct 14		\$35.00	\$70.00	Comp Pool

COMPETITIVE SWIM TEAM

CLASS	AGE	DAY	START	END	START	END	NO CLASS	MBR.	COMM.	LOCATION
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Dolphin Club	6+ yr	M/W	3:45 PM	4:45 PM	Aug 31	Oct 21		\$76.00	\$152.00	Comp. Pool
DCY SWIM Team-Fall Prep Training (Juniors)	6+ yr	M	3:45 PM	5:00 PM	Aug 31	Oct 19		\$33.25	\$66.50	Comp. Pool
DCY SWIM Team-Fall Prep Training (Juniors)	6+ yr	T/Th	3:45 PM	5:00 PM	Sep 1	Oct 22		\$71.25	\$142.50	Comp. Pool
DCY SWIM Team-Fall Prep Training (Junior Elites/Seniors)	6+ yr	M/W	5:15 PM	6:45 PM	Aug 31	Oct 21		\$90.00	\$180.00	Comp. Pool
DCY SWIM Team-Fall Prep Training (Junior Elites/Seniors)	6+ yr	T/Th	5:15 PM	6:45 PM	Sep 1	Oct 22		\$90.00	\$180.00	Comp. Pool

PRIVATE SWIM LESSONS

CLASS		MBR.	COMM.	INST	LOC
Private Swim Lessons	By appointment (price is per person, 4 lessons)	\$108.00	\$180.00	TBA	Rec./Comp.
Semi-Private Swim Lessons	By appointment (price is per person, 4 lessons)	\$88.00	\$160.00	TBA	Rec./Comp.

LIFEGUARD CLASS

CLASS	START	END	START	END	NO CLASS	INST	LOC
Lifeguard Certification Training - <i>MUST attend all class sessions</i>	15+ yr				\$325.00	Free Course and Y Membership when you join our Team Staff	Rec./Comp. & Meeting Rm.